

# BHR CEPN Primary Care Bulletin

*The latest trainings, offers and announcements*

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**BHR CEPN Training Hub**

Email: [info@manoravenue.co.uk](mailto:info@manoravenue.co.uk)

Website: <https://bhrcepntraininghub.co.uk>

## NELFT Global Majority Network Conference

Primary Care Colleagues are cordially invited to attend the **NELFT Global Majority Network conference**

**Date:** 23 November 2023, between 9.30am and 6pm.

**Location:** The Willows, Forest Road, Hainault, Essex IG6 3SL.

For full details of speakers, agenda, food and freebies and to register for FREE

[click the link.](#)



**Join us on 23 November for the Global Majority Networking conference**

**Highlights of the conference:**

- Compered by quick, quirky, all-round comedian Kat Boyce
- Keynote speaker – Shanara Hibbert, twice triple jump British medallist
- Launch of NELFT's new Anti-Racist Strategy – sign the Anti-Racism Pledge Card




**The day will also feature:**

- Talks by senior management on the conference theme
- Celebrating international colleagues
- Cabaret, singing and comedy
- Ethnic African and Indian food
- Free T-shirt and goodie bag for all.

**23 November 9:30am-6:00pm**  
*The Willows Banquet Hall, Ilford, IG6 3SL*



Scan the QR code to register or register online using the following link:  
<http://tiny.cc/ewhvbz> to save the date

# NEL Ophthalmology webinars

Please see details for the next NEL Ophthalmology webinars

## Topic: Eyes in Primary Care

**Speaker:** Badrul Hussain | Consultant Ophthalmologist

**Date:** Wednesday 13th December 2023

**Time:** 1300-1400

### Learning Outcomes:

- Common causes of consultations in Primary Care.
- Distinguishing serious problems from less serious
- Who to refer to A&E
- How to refer

Book [Here](#)

## Topic: Cataracts – Primary Care Update

**Speaker:** Badrul Hussain | Consultant Ophthalmologist

**Date:** Wednesday 24th January 2024

**Time:** 1300-1400

### Learning Outcomes:

- Update on cataract surgery
- New developments
- 'Translating' a GOS18/optometrist referral
- Who to refer and with what information

Book [Here](#)

## CQC requirements for FCPs

Please take a moment to review the CQC requirements for First Contact Physiotherapists (FCPs).

Find out more [here](#).

# North East London CKD Training Programme

NEL Training Hub would like to invite you to attend the fourth online session as part of the NEL CKD Programme. The programme is aimed at Clinicians and Healthcare Providers.

The webinar offers a unique platform to gain in-depth knowledge, share best practices, and network with fellow clinicians in the field.

**Session 4:** [Thursday 14th December @ 1pm - 2pm](#)

**Topic:** CKD and high blood pressure

## Webinar Highlights:

- Comprehensive Understanding of CKD and high blood pressure
- Case Studies and Clinical Insights
- Interactive Q&A Session with Expert Panel

## Speakers:

- Dr. Gavin Dreyer, Consultant Nephrologist and Physician, Whipps Cross Hospital, Parts Health NHS Trust
- Dr. Thomas Oates, Consultant Physician, Departments of Nephrology and General Medicine, Royal London Hospital

[Register today!](#)

## Previous Sessions:

- Session 1 - Delivering Patient Care for Patients with CKD in NEL – 26 Apr 23
  - [Recording](#)
  - [Slides](#)
- Session 2 - Coding and managing risk for CKD - How and why? - 27 Jul 23
  - [Recording](#)
  - [Slides](#)
- Session 3 - Diet and hypertension and practical management of anaemia - 19th Oct 23
  - [Recording](#)
  - [Slides](#)

## Upcoming Sessions - Topics to be announced soon! :

- Session 5 - Wednesday 31st January, 1pm - 2pm
- Session 6 - Thursday 4th April, 1pm - 2pm

# World Antimicrobial Awareness Week campaign

Join the three national events that have been arranged as part of the World Antimicrobial Awareness Week Campaign.

Find details about the events below:

- **Monday 20th November 2023 1pm-2pm** - Optimising duration of antibiotic use in primary care – Implementing change (Click [here](#) and then Join AMS virtual Professional Group to register) – **by PrescQIPP**
- **Tuesday 21st November 2023 12.30pm-1.30pm** - Managing acute respiratory tract infections in children in primary care: an evidence update (click [here](#)) – **by NHS England & Improvement**
- **Wednesday 22nd November 2023 6.30pm – 7.30pm** - Acne and COPD exacerbation: Reviewing patients on long term/repeated antibiotics ([click here](#)). – **by the Royal College of General Practitioner**

## Webinar - The Future of Primary Care

Join Dr. Mohit Venkataram, Executive Director of Primary Care, in conversation with Dr. Kiren Collison, Deputy Medical Director of Primary Care at NHS England, for “The Future of Primary Care” webinar series.

The evolving model of general practice is heavily reliant on talent retention and embracing new ways of working. In addition, the collaboration with local secondary care services delivers a remarkable ability to maintain safe care. This webinar will focus on exploring strategies and policy directions that will strengthen these pillars.

**Date:** 15th November 2023

**Time:** 7:00pm – 8:00pm

Your questions are welcomed in advance. Please send them to [elft.communications@nhs.net](mailto:elft.communications@nhs.net) by November 15th.

For full details and registration, visit the [ELFT website](#).

# Cancer CoP Webinar event: Exploring barriers to cancer screening for LGBTQI+

This webinar is open to GPNs, Community Nurses and Allied Health Professionals in London region and nationally.

Please see the attached flyer for details of the next Cancer Community of Practice lunchtime webinar. There will be expert speakers attending to share their knowledge on supporting cancer screening for LGBTQI+ communities, how to improve uptake and patient experience, as well as sharing case examples of good practice.

## Keynote speakers:

- Stewart O'Callaghan, CEO and founder of OUTpatients, UK LGBTQI+ Cancer Charity
- Flora Cohen, SEL General Practice Nurse and Nurse Lead for The Bridge at Southwark, Transgender Primary Care Clinic

There will be time dedicated throughout the session for question and answer with the speakers.

**Date:** 15th November 2023

**Time:** 12:30pm – 2:00pm

Please sign up [here](#)

If you have any questions, please contact [Sandra Dyer](#)

## National COP supporting GPN and Community nursing research

This session welcomes Nursing, Midwifery and Allied Health Professionals (NMAHPs) to join the conversation on **30th November 2023 at 2:00pm – 3:00pm**.

Please see the attached leaflet for further information and for sharing with your networks in primary and community care. This session will be a conversation with Professor Ruth Endacott, Director of Nursing and Midwifery at the NIHR.

Please email [Eleanor Hoverd](#) for the calendar invitation to this event.



# Identify and support hidden carers training workshops

Join this training workshop on identifying and supporting hidden carers!

The London Borough of Barking and Dagenham in partnership with Carers of Barking and Dagenham will be delivering training on identifying hidden carers – carers that are not known to services. They will also outline the support provided by the Carers' Hub and provide an opportunity to network with both face to face and online training sessions available. Other partners will also be attending including health and the community and voluntary sector.

Book a place on the training [Here](#)

Date and Time	Where
Thursday 23 November 10am to 12.30pm & 1pm to 3.30pm	Microsoft Teams
Monday 4 December 10am to 12.30pm & 1pm to 3.30pm	Microsoft Teams
Monday 12 February 10am to 12.30pm	Microsoft Teams
Thursday 21 March 10am to 12.30pm	Microsoft Teams

# AHP's in General Practice

NHS England has recently launched a campaign to highlight changes in the way patients access help and receive care from general practices.

The aim is to raise awareness of the different staff in general practice, who work alongside GPs and nurses in helping patients to get the right care, more easily, first time.

This includes Allied Health professionals (AHP's) staff whose numbers have been increasing in primary care over the last few years. AHP's play a pivotal role in supporting patients, however, these roles are not fully understood by the general public.

More information and resources can be found [Here](#)



## Webinar: The integrated care series

System Transformation would like to invite you to the next webinar in the integrated care series: **How to ensure Integrated Care Systems (ICSs) focus on prevention?**

The webinar will explore the importance of working with ICSs and other partners on the importance of prioritising prevention and shifting resource upstream as well as sharing insights into the barriers and enablers to make this happen.

**Date and time:** Monday 4 December, 11:30 am – 1:00 pm

### Confirmed speakers:

- Sarah Price, new Director for Public Health, NHS England
- Dan Alton: GP, Chief Clinical Information Officer and National Clinical Advisor in Population Health Management, NHS England (Chair)
- Priya Kumar: Transformational Clinical Lead for the Connected Care Programme, Frimley ICB, GP Partner and Health Inequalities Lead, Kumar Medical Centre
- Rowan Pritchard Jones, Executive Medical Director, Cheshire and Merseyside ICB

Please sign up to the webinar by clicking [here](#)

# WEBINARS: COPD as a Long Term Condition / Hypertension

These two sixty-minute webinars are for those who have Tier 1 service users at the early onset of their Long-term condition experience and can benefit from light touch interventions, particularly looking at lifestyle changes and decisions.

The target workforce for this event are:

- Social prescribers
- Care coordinators
- Health & Wellbeing coaches
- Social Care staff
- Voluntary and Community Sector staff
- Any other workforce who have service users at the early onset of hypertension and can benefit from light touch interventions, particularly looking at lifestyle changes and decisions



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Chronic Obstructive Pulmonary Disease (COPD) is associated with lifestyle risk factors and some environmental exposures. Appropriate management of established COPD through lifestyle change and therapies can prevent crises, delay further progression and lead to significant improvements in quality of life.



## Learning Outcomes:

- Understand and identify the needs of service users
- Recognise the opportunities and role for non-medical support and interventions
- Feel more confident in supporting service users with early onset COPD

## Chronic Obstructive Pulmonary Disease as a Long-term condition WEBINAR for Tier 1 by Dr Uzma Haque

Tue 5th Dec- 6.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

[Click Here to Register](#)



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AND TRAINING HUB

The risk of developing hypertension (HT) is mostly, if not largely, determined by modifiable and preventable factors.

This one-hour session represents an important opportunity for effective prevention at an individual level, to have a substantial impact on the prevalence of HT.



## Learning Outcomes:

- Understand and identify the needs of service users
- Recognise the opportunities and role for non-medical support and interventions
- Feel more confident in supporting service users with early onset hypertension

## HYPERTENSION WEBINAR

by Drs Dania Shoeb, Sandeep Singh,  
Subramanian Jothimurugan &  
Humaira Bhatti

Wed 6th Dec - 12.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

[Click Here to Register](#)



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Please sign up to the webinar by clicking [here](#)

## Apprenticeship Updates

### Using the levels of apprenticeships to progress your career

In this session, they will discuss how you can progress your career using the different levels of apprenticeships and how starting as an intermediate or advanced apprentice can assist you to progress even further.

The session will be joined by an apprentice who started their career on a level 3 apprenticeship and is now undertaking a level 6 apprenticeship.

**Date and Time:** 16th November 2023 at 3:30pm

Join [here](#)

### Discover T Levels – everything you need to know

T Levels are a level 3 technical education option for students after their GCSEs and give students a head-start towards the career they want. Join this webinar to hear from Susan Chambers from the T Level Delivery Division at the Department for Education, to find out everything you need to know about T Levels.

**Date and Time:** 27th November 2023 at 3:30pm

Join [here](#)



# Urology Presentation: Andrology A&R Barts Health session

Please see details below for the Andrology A&R Barts Health session.

## Topic

Andrology A&R Barts Health

## Speaker:

Miss Chi-Ying Li | Consultant Urological Surgeon Specialist interest in Andrology

## Date

Thursday 16th November 2023

## Time

1400-1500

## Learning Outcomes:

- Introduction of Andrology Service at Barts Health
- Current A&R pathway
- Conditions / queries suitable for Andrology Service A&R
- Pre referral criteria / investigation for common Andrological conditions

[Book Here](#)

## Aspiring Partners Programme

The ongoing Aspiring Partners Programme at NEL Training Hub, a dynamic initiative fostering professional growth, is now coming to an end.

In alignment with the commitment to effective succession planning, we are enthusiastic about facilitating meaningful connections between our aspiring partners and practices across North East London.

This presents a mutually beneficial opportunity for:

1. Practices Actively Seeking New partners.
2. Practices Engaged in Succession Planning

Complete the [Expression of Interest form](#) to explore this opportunity.  
Contact [Zehra Safdar](#) for any questions or clarifications