

# BHR CEPN Primary Care Bulletin

*The latest trainings, offers and announcements*

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## **BHR CEPN Training Hub**

Email: [info@manoravenue.co.uk](mailto:info@manoravenue.co.uk)

X (Formerly Twitter): [@BHRCEPN](https://twitter.com/BHRCEPN)

Website: <https://bhrcepntraininghub.co.uk>

## Stay Updated with the Latest 'In the Know' Bulletin!

We are pleased to share the latest issue of the 'In the Know' bulletin for June 2024. This monthly Evidence Digest from Workforce, Training & Education Knowledge Management is designed for NHS England staff and covers a range of insightful topics.

### In this edition, you'll find:

- The Bigger Picture
- Workforce & Education Transformation
- Postgraduate, Medical & Dental Education
- Workforce
- Patients & the Public
- Education
- Knowledge Management

You are welcome to forward this bulletin to colleagues who may find it useful. If you would like to subscribe and receive 'In the Know' directly to your inbox each month, please let us know, and we will add you to the mailing list.

Click [here](#) to subscribe to this bulletin.

For any queries or further information, feel free to contact KnowledgeManagement



# Celebrating Success: Mental Health Webinar for our Personalised Care Practitioners

BHR CEPN is delighted to share the successful webinar during our most recent Peer Support session on support for Mental Health support.

Led by Thomas Lister, Senior General Practice Psychological Wellbeing Practitioner, the session looked at:

- Physical Symptoms in depression, anxiety and trauma
- Health Conditions associated with trauma
- Using co-regulation and compassion in practice
- Questioning styles to use in clinical and non-clinical settings
- Tips for managing own mental health within the workplace

Feedback from attendees was incredibly positive:

*The training today was so informative, relative and practical. Absolutely excellent, I got so much out of today. Thank you for organising*

*Thank you for the very information session, extremely beneficial for both patients and clinicians*

*Excellent training very useful and well presented.*

# Physician Associate Peer Support Group

Are you a Physician Associate (PA) in BHR? Would you like to be part of a Peer Support Group for and dedicated to PAs?

PAs have been a vital addition to Primary Care (PC), bringing diversity and capacity to the offer for patients across BHR. Working alongside GPs, you are bringing much needed expertise and capabilities to the PC workforce across England. And now that the quality and profession has been recognised through regulation of the role, it will hopefully bring stability.

At BHR CEPN, we want to bring you all together to share your knowledge, experience and encourage collaboration amongst yourselves. The PA Peer Support group I would like to create will be a safe space to share stories, generate new perspectives on challenges being faced and meet your collective and individual needs. I will support by realising some of the opportunities available to us and responding to some of the challenges.

There will be a meeting will be on **24th July at 10am**. If this is something that is of interest to you then please contact me [Yasmina Ouerdane](#).



## BHR CEPN Long-Term Conditions Education Programme

With Long-Term Conditions (LTC) becoming ever more prevalent, it is more vital than ever to be informed on how to prevent, diagnose, treat and manage these ailments. The BHR CEPN LTC education programme was established in order to support both clinical and non-clinical workforce, for different tiered patients to manage these conditions in the most effective way.

The webinars proved to be a huge success amongst our rich and diverse cohorts across BHR with **595 attendees at our live sessions and over 1,190 views** online.

Why not see for yourself what's on offer via this [link](#).



# The London Simulation Network, Multi-Professional Simulation Faculty Scoping (2024) survey

The LSN invites you to share your experiences and recommendations on delivering sustainable multi-professional simulation activities in London.

Please take a few moments to complete our survey: [Survey Link](#). It should take no more than 15 minutes.

**Survey Purpose:** UCLPartners, commissioned by NHS England, aims to provide recommendations for sustainable, high-quality multi-professional simulation in London, aligned with the Workforce Education Strategy and the Long Term Workforce Plan. Your input is crucial for shaping the future of nursing, midwifery, and allied health education and training.

**Who Should Participate:** Any nurse, midwife, or allied health professional involved in the leadership or delivery of simulation-based activities. Please forward this email to any relevant stakeholders who may have been missed.

**Additional Opportunities:** Join a new directory of multi-professional simulation faculty.

**Deadline:** Complete the survey by **July 5th, 2024**. The project concludes at the end of August 2024.

For more information or questions, contact [Jemma Joseph](#)

Thank you for your participation and support!

## NEL Admin and Management staff development programme

NEL are pleased to release new topics and dates to support admin and practice management staff development. Attached is an [updated Brochure](#) with all topics and dates being offered until late Autumn. Below are some of the dates being offered in the next 2 months. Do click on the desired dates to book. We expect the staff member attending to book places directly.

<p><b>Admin &amp; Reception staff: Document Management to improve efficiency (2 hours)</b></p> <p><a href="#">8th July 2024, 14:00 - 16:00</a></p>	<p><b>Admin &amp; Reception staff: Recognising the Acutely ill Patient (2 hours)</b></p> <p><a href="#">27th June 2024, 14:00 - 16:00</a> <a href="#">9th July 2024, 11:00 - 13:00</a></p>	<p><b>Practice Managers: How to make your Practice Digitally Inclusive (3.5 hours)</b></p> <p><a href="#">16th July 2024, 09.30 - 13.00</a></p>
<p><b>Practice Managers: CQC Inspection – being ready for when it happens (3 hours)</b></p> <p><a href="#">10th July 2024, 13:30 - 16:30</a></p>	<p><b>Practice Managers: NHS Pensions Update (2 hours)</b></p> <p><a href="#">27th June 2024, 09.30 - 11:30</a></p>	<p><b>Admin &amp; Reception staff: Enhanced Care Navigation (3 hours)</b></p> <p><a href="#">24th July 2024, 13:00 - 16:00</a></p>

# Mentoring opportunity for Pharmacy Technicians

The Pharmacy London Team at NHS England Workforce, Training, and Education (WT&E) is initiating a project to evaluate the benefits of mentoring within the pharmacy technician profession.

We are seeking pharmacy technicians from all sectors to participate in the pilot as either mentees or mentors. To ensure a diverse range of mentors with the necessary expertise across various specialties and topics, we are also inviting pharmacists willing to act as mentors.

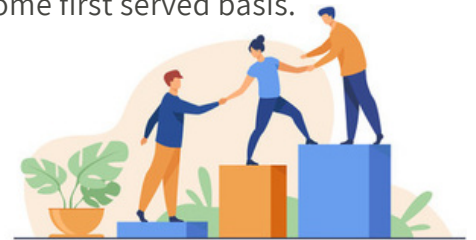
During the pilot, each mentor will be matched with a mentee based on their area of expertise, prior experience, and the specific reasons for seeking mentoring.

## Anticipated time commitments for participants include:

- **09 July 2024 (3pm - 4pm):** Attendance at an initial group session (1 hour) with all participants (either in person or virtually).
- Three independent mentoring sessions to be conducted between **10 July and 18 October 2024**. Dates to be agreed between mentor and mentee.
- **22 October 2024 (pm):** Participation in an evaluation focus group for all participants (1 hour), along with the completion of an end-of-pilot questionnaire.
- Participants should ensure you are able to attend the dates above before submitting an interest to participate in the pilot.

[Link to expression of interest form](#) (for both mentee or mentors). The closing date to submit an expression of interest is Monday 3rd June 2024 and places will be allocated on a first come first served basis.

If you have any questions, please contact [Trishna Patel](#).



## Demystifying Self-Harm

This course will allow the space for participants to openly explore thoughts/feelings and to have open conversations about self-harm. This workshop will allow the space for participants to have open conversations about self-harm, including unpacking our own feelings and attitudes around self-harm (including thinking about our own faith, beliefs, life experience) and acknowledge them so that we are informed of how they may present and impact the support we provide.

[CLICK HERE](#) for dates and more course details

NOTE there is a £50 charge that will be enforced for failure to turn up following booking, or cancellations less than 10 days prior to course. There is a fixed cost commitment that is irrecoverable to secure learning materials.

# Enhanced Health in Care Homes workshop

Presented by

**Dr Uzma Haque** *BHR Clinical Lead for frailty and aging well*  
&  
**Mike Armstrong** *Director at Care Providers Voice*



**CARE PROVIDERS' VOICE** **healthwatch**



## What can you expect?

The enhanced health in care homes (EHCH) framework has been developed by NHSE to provide clarity and consistency in what primary and social care practitioners can expect from working collaboratively to deliver high quality care to patients/residents.

The webinar will cover the EHCH principles, DES requirements, implementation guidance, and more. Don't miss this opportunity to:

- Explore your role in providing coordinated, proactive, person-centred care for residents
- Share your own experiences on how to effectively collaborate through weekly rounds, MDTs, etc.
- Have your questions answered by experts

The workshop will also be a launch for the guides and infographic developed by local experts to help understand roles and responsibilities.

We will also set out our plans for a NEL-wide programme of support and development, bringing together workforces from PCNs and aligned care homes to develop your own approaches to multi-disciplinary working to deliver on the requirements of the EHCH framework

Please [click here](#) to register



## Peer support sessions

BHR CEPN runs monthly peer support sessions for different workforce groups. If you are a part of the Personalised Care Practitioners workforce, and would like to attend the next Peer Support session, please contact Summer at [summer@manoravenue.co.uk](mailto:summer@manoravenue.co.uk)

# NEL Suicide Prevention training for staff - New Dates

## Applied Suicide Intervention Skills Training (ASIST)

A few funded places remain for this GOLD standard World Health Organisation endorsed Suicide Prevention course. ASIST is intensive 2 day training for care-givers and key community members. It teaches suicide alertness and an easy to remember framework of practical skills to safely initiate, complete and follow-up on a full suicide intervention.

### Dates/Location:

- **Weds 24th & Thurs 25th July 2024** - Bernie Cameron  
Community Centre 32 Merchant Street London E3 4LX
- **Mon 16th & Tues 17th September 2024** - Bernie Cameron  
Community Centre 32 Merchant Street London E3 4LX

To qualify you should complete registration with your work email address otherwise booking will automatically be cancelled. Failure to attend following registration will incur a £250 charge, which is the cost of the training. Lunch and refreshment provided on both days

[CLICK HERE TO REGISTER](#)

\*\* Do add your name to waiting list if courses are fully subscribed so priority places can be offered to you for future dates\*\*

For more information and other mental health and suicide prevention training do visit

[www.nelsuicidepreventiontraining.co.uk](http://www.nelsuicidepreventiontraining.co.uk). Book early to avoid disappointment!

## Suicide First Aid Lite (virtually delivered 4hr workshop)

Multiple dates available

If you can't attend in-person training, a virtual Suicide First Aid Lite course is available. This half-day course provides learners with tools to understand suicide prevention and basic skills to help someone contemplating suicide.

SFA Lite is a 4-hour interactive workshop accredited by City & Guilds. It teaches how to identify someone contemplating suicide and how to connect them with a suicide first aider. The course can be standalone or the start of a suicide prevention learning journey. Both an adult and children's version is available, but please don't book both due to overlapping content.

### Delivery Methods:

A half-day course involving facilitated learning, role-play, mini lectures, group work and audio-visual presentations.

### Pre-training requirement

No previous experience required. Participants will self-reflect and empathise with a person contemplating suicide.

### Attendees:

Practitioners from multiple sectors including health, housing, social care, education, criminal justice, call centre operators, and community members.

[REGISTER](#)

*NOTE A £90 charge will be applied for no-shows or cancellations less than 10 days prior to the course due to fixed costs for learning materials. Register below.*

## The ASK Workshop: Assessing for Suicide in Kids (face to face)

**Weds 10th July 2024 | Weds 25th Sept 2024 | Thurs 14th November 2024 | Tues 21st Jan 2025 | Tues 27th Feb 2025 | Thurs 27 Mar 2025**

NEL are delighted to offer this face to face delivery of The ASK Workshop. This one day workshop is targeted at staff working with and caring for children age 5 – 15 years of age. Click on the link below to access further information and dates available to book. There are limited FULLY FUNDED places available for staff working across North East London public sector. Book early to avoid disappointment. Please click on the below link to view course dates and booking instructions:

[CLICK HERE TO REGISTER](#)

Participants will be required to complete some self-paced online study modules prior to the course start date. You will be contacted 7-10 days prior to the course start date with further information regarding this. This is mandatory for participating in the course. You will not be able to participate in the training without completing this prior to attending the course.

*Failure to turn up following registration will incur a £150 DNA charge. This is the cost of the training*

## safeTALK: Suicide Prevention awareness training (face to face)

Multiple dates

[CLICK HERE TO REGISTER](#)

safeTALK: suicide alertness for everyone. safeTALK is a half-day training in suicide alertness. It helps participants recognize a person with thoughts of suicide and connect them with resources who can help them in choosing to live.

### Objectives include:

- Identify people thinking of suicide
- overcome barriers to talk about suicide
- identify reasons we may miss, dismiss or avoid suicide
- 4 step model of suicide alertness (Tell, Ask, Listen and Keep-safe) connect people at risk with further help

There are funded places on this face-to-face course for all workforce across North East London.

*Places can be booked by external participants at £75pp. If you register for a funded place and do not attend, a £75 DNA charge will be enforced*

# Apprenticeship Opportunities

## There's Still time to join the Next Nursing Associate Apprenticeship Cohort Starting in September 2024!

The Nursing Associate role is gradually gaining recognition in its own right as part of the General Practice Nursing team. The apprenticeship provides a great opportunity for you to 'grow' an existing Healthcare Assistant or to recruit new staff into the Practice.

Please contact [Kerrie](#) for more information and to book onto a Briefing.

Trainee Nursing Associate (TNA) apprentices are paid staff. There is potential to use ARRS funding to cover the TNA (Trainee Nursing Associate) role - subject to PCN decision. The cost of the training is 100% covered through apprenticeship levy transfer, arranged by BHR CEPN. In addition, employers with TNAs receive NHSE funding to support the educational infrastructure required for them to undertake essential practice based learning.

Please contact [Kerrie](#) for more information and to book onto a Briefing.

### Executive Medical Leadership Masters

A specialised Master's degree that offers advanced leadership training for doctors, including GPs, Clinical Directors, Clinical Leads and others. Delivered by Bayes Business School and 100% funding from BHR CEPN for successful applicants where needed. The course starts September 2024 and applications close **5th August 2024**.

For more information please visit:

[Executive Master's in Medical Leadership | Bayes Business School \(city.ac.uk\)](#)

To learn more, follow this link to the [information sheet](#) and to submit an application [click the link](#). Please contact [Kerrie Haley](#) for further information.

Please also apply for apprenticeship levy funding transfer by submitting a funding request via [this link](#).

### Level 5 Management Apprenticeship (Operations or Departmental Manager)

Are you looking to further your existing management skills?

This apprenticeship is suitable for existing Practice Managers, Business Managers, operational and middle managers – or people who are moving into these roles.

Improve your skills and gain an industry recognised qualification through apprenticeships. For further information contact [Kerrie Haley](#).

### Business Analyst Training to Support Digital and Transformation Leads

Are you looking to further your business analyst skills?

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer. For further information, contact [Kerrie Haley](#).



# NHSE Apprenticeships & Notices

## GPN Celebration Event - Register now

**Date/Location:** 12th July 2024 at 9:00am - 5:00pm/

**Regent's University London, Inner Circle, London, NW1 4NS**

Registration is now open for the 2024 GPN Celebration event. Breakfast, lunch, and afternoon tea will be provided at this all-day celebration event, and GPNs can obtain CPD hours for their NMC revalidation.

This event is free to attend, however if you can no longer attend, please do contact: [selicb.beth@nhs.net](mailto:selicb.beth@nhs.net) to cancel your ticket. For more information and to register for this event, [visit the site](#).

## London Cancer Community of Practice – In person event

**Date/Location:** 16th July 2024, 9:15am – 2:00pm / CLCH Academy, 1 Frith Street, Soho, London

Open to London AHPs, Community Nurses, GPNs, and Clinical Nurse Specialists with an interest in Cancer. Please sign up to attend, [click here](#) to register for your place for the event.

This event is part of London's Cancer Community of Practice programmed events for 2024-25, with a special focus on communication and working across organisational boundaries to improve patient care and experience. See the attached agenda for details.

Speakers include:

- Keynote speakers Betty Njuguna, Chief Nursing Officer, Epsom & St Helier Trust and Kim Rice, Hillingdon Neighbour Director for the South West
- Siobhan Benjamin: Specialist Practitioner; District Nursing Sister, Team leader and Independent Prescriber, Bromley Healthcare
- Usharani Augustine: Metastatic Breast Cancer Clinical Nurse Specialist, Chartwell Unit, The Princess Royal University Hospital
- Meera Sharma, Radiography Lead, AHP Clinical Practice PhD student research in Cancer pathways and Health Inequalities

Book now as there are only 35 places on offer for this event. Please note: if you are unable to secure a place, please email [sandra.dyer1@nhs.net](mailto:sandra.dyer1@nhs.net) to be added to the waiting list for any available spaces.

## National Apprenticeship and Skills Awards 2024

The Department for Education's National Apprenticeship and Skills Awards return for their 21st year. They provide a fantastic opportunity to showcase the apprentices, employers and champions who have excelled this year. 2024 also sees the introduction of two T Levels awards, to celebrate the success of T Level employers and students across the country.

The awards are free to enter, with entries made through the [application website](#).