

BHR CEPN Primary Care Bulletin

The latest trainings, offers and announcements

In This Issue

Facing the mirror: The path to authenticity and empathy in patient care

Motivational Interviewing

NB Medical 'Hot Topics' GP Update

Applying to become an Approved Learning Environment

UKHSA Primary Care Webinar Series March to July 2024

An Introduction to Becoming an Anti-Racist Health & Care System

The Role of the Supervisor in Diabetes Management - Webinars

VTS Destinations Survey

London Multi-Professional Supervisor Course

BHR Long Term Condition Webinars

Apprenticeships Opportunities

NHSE Apprenticeship & Events

BHR CEPN Training Hub

Email: info@manoravenue.co.uk

X (Formerly Twitter): [@BHRCEPN](https://twitter.com/BHRCEPN)

Website: <https://bhrcepntraininghub.co.uk>

Facing the mirror: The path to authenticity and empathy in patient care

Talk ONE: An Introduction to shadow work in professional development.

Presented by **Lance Curren** (Integrative Transpersonal Psychotherapist).

In this insightful session, explore the profound impact of embracing your inner shadow on your personal growth and ability to provide empathetic patient care.

Uncover:

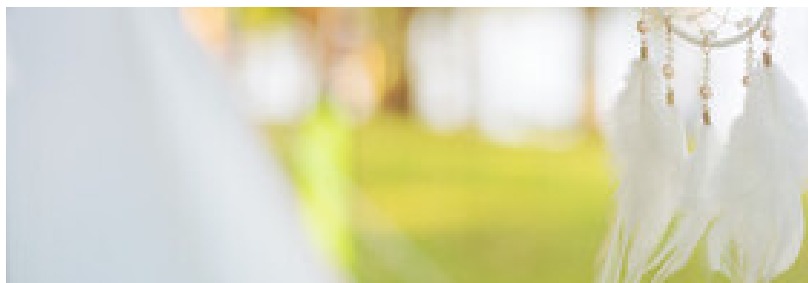
- The concept of the inner shadow and its influence
- How your shadow affects your thoughts, emotions, and actions
- The transformative goals and benefits of shadow work

Date: 10th April 2024

Time: 12:30pm – 1:30pm

Please click [here](#) to register

Unlock your full potential for authenticity, self-awareness, and genuine connection with your patients through this illuminating journey of self-discovery.



Motivational Interviewing

Online – Live Zoom

Interactive Study day

24th April 2024

9:00am to 9:25am access meeting then locked and started at 9-30am to 4pm

1

Is Motivational Interviewing for me?

This interactive, lighthearted online, live study day is suitable for any and all members of the team!

Experience MI skills firsthand without role-playing or lengthy slides. Registered delegates receive CRAFT cards and a training aid.

Engage in dynamic learning, influencing session content. MI fosters effective communication, saving time and preventing burnout.

Don't miss this chance to enhance your skills and make a difference. Register now!

2

What happens on the day?

We will use memorable explanations, demonstrations, interaction in pairs and most importantly relax and have fun.

The extensive wardrobe and scenery available at our large training studio allows the tutors to create characters and situations to demonstrate the topics which are pertinent to our delegates.

Face to face, and telephone consultation techniques will be included.

3

Who is eligible to attend?

Primary Care practitioners managing patients with respiratory complaints.

4

How do I register?

[Please click here to register through Ticket Leap](#)

Timetable

9:00	Registration and Online access audio and visual confirmed
9:30	Introductions – and online etiquette
9:30	MI – What is it – why does it work – How the brain receives stuff! - Principles and Background in a nutshell
10:00	The spirit & principles of MI
10:45	Offering Advice – how to do this without pi**ing people off!
11:15	Official Break
11:30	When Ambivalence meets the Righting Reflex
12:00	Change Talk– What is it? How can I find it? Why does it matter?
12:45	LUNCH
13:30	MI – Open questions, affirmations, reflections and summaries set in context and practiced
15:00	Tea Break
15:15	Putting it all together – demonstration designed by the delegates
15:45	Questions and Evaluation
16:00	Close

NB Medical 'Hot Topics' GP Update

Attention to all clinicians working across NEL: An enriching GP Update course has been scheduled for your professional development. This course will provide a comprehensive update on the latest developments in the literature and serve as a valuable platform for continuing professional development (CPD).

Date: Saturday, 20th April 2024

Time: 09:30 – 17:00 (Doors open from 08:30)

Location: Impression Events Venue, Milner Road, West Ham, London, E15 3AD


To register, please visit the [NB Medical website](#). Select the resource relevant to your borough from the list below:

- [FAO of B&D](#)
- [FAO of Havering](#)
- [FAO of Redbridge](#)

The regular price for this course is £200, but thanks to the Training Hub, a subsidised rate of £99.99 is available exclusively for local staff. This fee includes all-day refreshments and a three-course meal.

Additional details regarding parking facilities, dietary and other accessibility requirements will be provided closer to the event.

Please note that places are limited, so early booking is strongly advised. See attachments for the access code for your borough.



Applying to become an Approved Learning Environment

Join **Dr Jyoti Sood**, Patch AD for BHR and GP Clinical Lead for BHR CEPN Training Hub to find out:

- Who can apply to become an approved learning environment
- What becoming an approved learning environment involves
- Where to get advice, guidance and support to become an approved learning environment
- When the best time is to become an approved learning environment (spoiler alert – the best time is now!)
- Why becoming an approved learning environment is beneficial to the development of your PCN or Practice
- Why becoming an approved learning environment is beneficial to the quality of care for your patients
- How to become an approved learning environment – we'll take you through the step-by-step process

Wednesday 1st May 2024

12:00-13:00

MS Teams

Click [Here](#) to register to attend this informative and accessible overview of everything you ever wanted to know about becoming an approved learning environment but were too afraid to ask....

Email paul@manoravenue.co.uk with any questions

UKHSA Primary Care Webinar Series March to July 2024

Immunisers in primary care in London can access free immunisation update training across 2024. The series of webinars are designed to support immunisers to fulfil the requirement for annual immunisation updates and are free to access.

The webinar series has been running since September 2018 and a programme has been designed for 2024 incorporating 10 topics focused on the learning needs of immunisers in primary care. The monthly webinars will begin in March and run until January 2025 (excluding August 2024). Immunisers are welcome to attend all webinars to achieve five hours of recorded learning in 2024 or to select webinars relevant to their work or based on their practice/learning needs.

Please find the UKHSA primary care immunisation update webinar dates for **March to July 2024** [attached](#).

An Introduction to Becoming an Anti-Racist Health & Care System

NEL Training Hub is offering a one-day workshop on 'Introduction to becoming an **Anti-Racist Health & Care System**.'

When:

Monday 13th May 2024, 09:30-16:30

[CLICK HERE TO REGISTER](#)

Where:

Holiday Inn Express Newbury Park King George Conference Rooms Ilford IG2 7RH (parking available)

Lunch and refreshment provided

Health and Care staff in North East London are invited to learn about racism in healthcare services and its impact. Our goal is to foster an inclusive culture, address inappropriate or racist behaviours, and understand concepts like privilege and allyship.

Attendees will explore the understanding of racism, its effects on health inequalities, the meaning of being anti-racist, and how to develop an anti-racist approach in their work. Limited spaces are available, [register now or join the waiting list](#).



The Role of the Supervisor in Diabetes Management – Webinars

This 2.5-hour webinar is aimed at supervisors i.e. GP trainers, Pharmacists, PA Students and Paramedics; working in North East London. The focus of the programme is supervising health professionals responsible for Diabetes in a multidisciplinary environment. This webinar introduces the supervisor's role and explains the GMC/CQC regulatory requirements.

The theories will build on the importance of ensuring that the learner develops and is motivated to achieve outcomes. The workshop will also focus on the competency assessment framework along with a case-based study for review and discussion.

Timings: 10.00 – 12.30

Dates (you only need to join one of the dates):

- 15th April
- 7th May
- 21st May
- 30th May
- 13th June



To book a place on any of the above dates, [book here](#). See more information on the flyer [here](#)

VTS Destinations Survey

As part of our ongoing efforts to continually improve and refine the VTS scheme, we have developed a new retention survey specifically aimed at GPs.

We kindly request your assistance in sharing this survey with all the trainees. Your help in spreading the word about this initiative would be greatly appreciated and will contribute significantly to the quality of our VTS scheme.

For easy access to the survey, we have created a QR code and survey [link](#).



London Multi-Professional Supervisor Course

NHS England has introduced a new Multi-Professional Supervisor Course, specifically designed for non-GP roles involved in primary care. If you're a clinician who supports learners as an educational supervisor, this course is a must.

Becoming an approved educational supervisor involves two steps. Firstly, register for and complete the Multi-Professional Supervisor Course. Secondly, undergo an ICS Training hub application and assessment after finishing the course.

This course is ideal for anyone within general practice who isn't a GP but supports the educational supervision of other clinicians. Admission prerequisites include:

- Not being a GP
- Working in an approved learning environment
- Having at least 2 years post-CCT or equivalent experience in mentorship, supervision, and education relevant to their clinical specialty
- Engagement with the borough Training Hub's Multi-Professional Faculty Group (MPEG)
- Commitment to attending all four in-person workshops of the course and completing any pre-course reading or summative work

For those working in GP practices that aren't approved learning environments, evidence of an application or initiation of the application process within six months is needed.

GPs aiming to become trainers or educators should complete the GP Supervisor Course and NCL application form. More details about this process can be found [here](#).

The course spans four in-person study days over three months:

Day 1: Introduction and preparation for teaching and facilitating in the workplace

Day 2: Navigating supervision challenges and understanding lesson planning and teaching core concepts

Day 3: Inter-professional education and assessment

Day 4: Peer review, portfolio review, discussion, and next steps

The next cohort (cohort three) is now accepting expressions of interest. The course dates are as follows:

Day One: **16 April 2024**

Day Two: **15 May 2024**

Day Three: **13 June 2024**

Day Four: **02 July 2024**

Please note that attendance on all four dates is compulsory to successfully complete the course. Register for the Multi-Professional Supervisor Course by completing the [EOI form HERE](#)

Spaces are limited, and applications may be prioritised according to local borough needs and educator/trainer capacities. For more information, direct your queries to: england.WTELondonPrimaryCare@nhs.net

BHR Long Term Condition Webinars

Long-Term Condition (LTC) patients are growing in demand and severity, and some have multi-morbidities. There is a need for more responsive and coherent care and treatments need to be devised through collaboration with partners. The BHR LTC education programme was established in order to support both clinical and non-clinical workforce, for different tiered patients to manage these conditions in the most effective way.

Each LTC condition has been divided into three cohorts:


1) Tier 1 is for those patients at the early onset of their LTC experience and can benefit from light touch interventions, particularly looking at lifestyle changes and decisions. The target workforce for these T1 webinars is:

Social prescribers / Care coordinators / Health & Wellbeing coaches / Social Care staff / Voluntary and Community Sector staff / Any other workforce who has service users with early onset LTC and can benefit from light touch interventions, particularly looking at lifestyle changes.

2) Tier 2 is for those patients with more established LTCs but responding well to interventions. The target workforce for T2 webinars is main grade clinicians – GPs, nurses, pharmacists and other Allied Health Professionals.

3) Tier 3 is for those patients with complex conditions or those not responding to/complying with interventions. The target workforce for these webinars is senior clinicians – GPs and advanced clinical practitioners.

See fliers to register →



BHR CEPN
YOUR TRANSFORMATION
AND TRAINING HUB

The Diabetic Foot
by PCN Crest Podiatrist Muhammad Ibrahim Miah and Advanced Specialist Podiatrist Lauren Geeves

Tier 1 cohort

Thur 18th April at 1pm on Zoom

This is part of BHR CEPN LTC Education Programme

[CLICK TO REGISTER](#)

Learning Outcomes:

- How diabetes can affect the feet
- Signs and symptoms to look out for
- How podiatrists assess feet
- When and how to refer to podiatry
- Case studies



BHR CEPN
YOUR TRANSFORMATION
AND TRAINING HUB

Heart Failure
Tier 3 cohort

by Drs Uzma Haque, Dania Shoeb Fairlop PCN Lead Pharmacist Bhavika Dewchand and Senior HWBC Gee Gahir

Tue 30th April at 1pm - on Zoom

This is part of BHR CEPN LTC Education Programme


[CLICK TO REGISTER](#)

Tier 3 cohort


The target workforce for this cohort are senior clinicians such as GPs and other advanced clinical practitioners.

Learning Outcomes:

- Heart failure type and management as per NICE
- QOF indicators for Heart Failure (HF) and Case Studies
- Lifestyle changes to make to help with HF prognosis and symptoms as per NICE



BHR CEPN
YOUR TRANSFORMATION
AND TRAINING HUB



Cancer Webinar

We are pleased to have Mr Jaimin Bhatt, Consultant Urological and Robotic Surgeon at the Queen Elizabeth University Hospital, Glasgow, and Honorary Clinical Senior Lecturer at the University of Glasgow for the Tier 3 cohort

Tue 7th May 2024 - 1pm to 2pm on Zoom

This is part of BHR CEPN LTC Education Programme

[CLICK TO REGISTER](#)

This webinar is aimed at all senior clinicians including GPs, Advanced Clinical Practitioners and others involved in the management of cancer.

What to expect:

As May is Bladder Cancer Awareness Month, our invited guest, Mr J Bhatt, will be delivering a talk on the presentation and management of Urological Cancers, with focus on Prostate and Bladder cancers.

Local insight from Dr Bunmi Olajide, Dr Sangeetha Pazhanisami and Senior HWBC Gee Gahir.

Apprenticeship Opportunities

Level 4 Associate Project Manager Apprenticeship

Do you manage project as part of your role?

Improve your skills and gain an industry recognised qualification through apprenticeships.

Click the [link](#) to get more information about this apprenticeship or contact [Kerrie Haley](#) to find out more.

Business Analyst Training to Support Digital and Transformation Leads

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer. For further information contact [Kerrie Haley](#).

Level 3 Team Leader or Supervisor

This apprenticeship standard is for those who are ready to progress to a first line management role, with operational and project responsibilities or responsibility for managing a team to deliver a clearly defined outcome. For further information contact [Kerrie Haley](#).

Level 5 Operations and Departmental Manager

Management training for Practice Managers and Business Managers. For further information contact [Kerrie Haley](#).

Follow LinkedIn for day by day updates:

<https://www.linkedin.com/company/apprenticeshipsgov/>

Find out more about Apprenticeships in Primary Care:

<https://haso.skillsforhealth.org.uk/primary-care-apprenticeships/>

Contact [Kerrie Haley](#) for further inquiries on any of the apprenticeships via email or call directly on **07895 526907**.

Apprenticeship



NHSE Apprenticeship & Notices

An overview of FGM/C for General Practice – Webinar

Date: **Wednesday 10th April 2024 at 12:30pm - 1:30pm**

This year, on World Health Day, April 10th, Orchid Project will be hosting a webinar on Female Genital Mutilation/Cutting. The role of medical professionals is essential in not only helping to end this practice, but also in supporting survivors of FGM/C.

In the webinar, Orchid Project will cover what FGM/C is and how to identify it, its impacts as well as having insights from doctors themselves who specialise in responding and supporting cases of FGM/C. The safeguarding roles and responsibilities surrounding this practice can seem overwhelming, so they hope that this webinar will provide support and guidance for medical professionals in this aspect of their roles.

Please register here: [An overview of FGM/C for General Practice - Practice Index Learning](#).

Join the Cancer CoP lunchtime webinar: Frailty, Ageing and Cancer - Supporting patients across the system

Date: **Thursday 25th April, 12:00pm - 13.30pm**

TCST in collaboration with NHS England and CLCH are pleased to announce the first in their Cancer Community of Practice lunchtime webinar series of events for 2024-25.

Featured speakers:

- Dr. Nicolò Matteo Luca Battisti, Consultant Medical Oncologist and Clinical Lead & Snr Adult Oncology Programme, Royal Marsden NHS Foundation Trust
- Anne Barrell, Lead Clinical Nurse Specialist – Senior Adult Oncology Programme (SAOP) & Project Lead Snr Adult Oncology Programme (SAOP), Royal Marsden NHS Foundation Trust
- Rhiannon Haag, Clinical Lead Speech & Language Therapist and Clinical Lead, NELFT

Register your place [here](#). Contact [Sandra Dyer](#) for any questions.

Access to Cancer CoP Genomics February webinar recording is now available on the Cancer CoP [webpage](#).

Skills Bootcamps

Date: **Thursday 18 April 2024 at 5pm**

The Mayor has secured **£21.6 million grant** funding from the Department for Education (DfE) to deliver Skills Bootcamps in London in 2024-2025. The application window is now open to training providers and employers looking to upskill their current workforce and closes at 5pm on Thursday 18 April 2024.

Skills Bootcamps aim to help Londoners aged 19+ to enter employment, upskill or change career and are open to adults who are full-time or parttime employed, self-employed or unemployed, as well as adults returning to work after a break. [Skills Bootcamps for Londoners | London City Hall](#).