

BHR CEPN Primary Care Bulletin

The latest trainings, offers and announcements

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BHR CEPN Training Hub

Email: info@manoravenue.co.uk

X (Formerly Twitter): [@BHRCEPN](https://twitter.com/BHRCEPN)

Website: <https://bhrcepntraininghub.co.uk>

An Introduction to Becoming an Anti-Racist Health & Care System

NEL Training Hub is offering a one-day workshop on 'Introduction to becoming an **Anti-Racist Health & Care System.**'

When:

Monday 13th May 2024, 09:30-16:30

[CLICK HERE TO REGISTER](#)

Where:

Holiday Inn Express Newbury Park King George Conference Rooms Ilford IG2 7RH (parking available)

Lunch and refreshment provided

Health and Care staff in North East London are invited to learn about racism in healthcare services and its impact. Our goal is to foster an inclusive culture, address inappropriate or racist behaviours, and understand concepts like privilege and allyship.

Attendees will explore the understanding of racism, its effects on health inequalities, the meaning of being anti-racist, and how to develop an anti-racist approach in their work. Limited spaces are available, [register now or join the waiting list.](#)



UKHSA Primary Care Webinar Series March to July 2024

Immunisers in primary care in London can access free immunisation update training across 2024. The series of webinars are designed to support immunisers to fulfil the requirement for annual immunisation updates and are free to access.

The webinar series has been running since September 2018 and a programme has been designed for 2024 incorporating 10 topics focused on the learning needs of immunisers in primary care. The monthly webinars will begin in March and run until January 2025 (excluding August 2024). Immunisers are welcome to attend all webinars to achieve five hours of recorded learning in 2024 or to select webinars relevant to their work or based on their practice/learning needs.

Please find the UKHSA primary care immunisation update webinar dates for **March to July 2024** [attached](#).

All stakeholder webinar: Updates on The Oliver McGowan Mandatory Training on Learning Disability and Autism

Join the first Dietetic and MOT training for 24/25 by the Practice support Dietitian team.

This training, important for all GPs, targets **PCN lead pharmacists and dietitians**, focusing on MUST scores, food first approaches, and oral nutrition supplements in line with recent NEL ONS guidelines. It will also cover the referral pathway to dietitians. As the new NEL ONS guidance mandates, PCN pharmacists must be trained before reviewing ONS patients. Attendance will empower PCN pharmacists to support community and care home reviews. Sign up via the [link](#).

Everyone is welcome.

When:

Thursday 09/05/2024 12-1pm Online training, repeated

Tuesday 21/05/2024 12-1pm Online training

Facing the mirror: The path to authenticity and empathy in patient care

Talk ONE: An Introduction to shadow work in professional development.

Presented by **Lance Curren** (Integrative Transpersonal Psychotherapist).

In this insightful session, explore the profound impact of embracing your inner shadow on your personal growth and ability to provide empathetic patient care.

Uncover:

- The concept of the inner shadow and its influence
- How your shadow affects your thoughts, emotions, and actions
- The transformative goals and benefits of shadow work

Date: 10th April 2024

Time: 12:30pm – 1:30pm

Please click [here](#) to register

Unlock your full potential for authenticity, self-awareness, and genuine connection with your patients through this illuminating journey of self-discovery.




PCN Diabetes Study Day: Free CPD Conference

Mark your calendars for **June 18th, 2024!** We're excited to announce the return of the PCN Diabetes Study Day at the Cavendish Conference Centre in London. This conference is an excellent opportunity for nurses working in primary care to:

- Stay ahead of the curve by gaining insights into the latest advancements in diabetes management.
- Enhance patient care by equipping yourself with new strategies to effectively manage and treat type 1 and type 2 diabetes.
- Earn valuable CPD credits to fulfill your professional development goals.
- Address key challenges by deepening your understanding of topics such as religious fasting, gestational diabetes, and new pharmacological treatments.
- Network with colleagues and share best practices.

Don't miss this chance to make a significant impact on your patients' lives. **Register now** as spaces are limited!



Applying to become an Approved Learning Environment

Join **Dr Jyoti Sood**, Patch AD for BHR and GP Clinical Lead for BHR CEPN Training Hub to find out:

- Who can apply to become an approved learning environment
- What becoming an approved learning environment involves
- Where to get advice, guidance and support to become an approved learning environment
- When the best time is to become an approved learning environment (spoiler alert – the best time is now!)
- Why becoming an approved learning environment is beneficial to the development of your PCN or Practice
- Why becoming an approved learning environment is beneficial to the quality of care for your patients
- How to become an approved learning environment – we'll take you through the step-by-step process

Wednesday 1st May 2024

12:00-13:00

MS Teams

Click [Here](#) to register to attend this informative and accessible overview of everything you ever wanted to know about becoming an approved learning environment but were too afraid to ask....

Email paul@manoravenue.co.uk with any questions

NB Medical 'Hot Topics' GP Update

Attention to all clinicians working across NEL: An enriching GP Update course has been scheduled for your professional development. This course will provide a comprehensive update on the latest developments in the literature and serve as a valuable platform for continuing professional development (CPD).

Date: Saturday, 20th April 2024

Time: 09:30 – 17:00 (Doors open from 08:30)

Location: Impression Events Venue, Milner Road, West Ham, London, E15 3AD

To register, please visit the [NB Medical website](#). select the resource relevant to your borough from the list below:

- [FAO of B&D](#)
- [FAO of Havering](#)
- [FAO of Redbridge](#)

The regular price for this course is £200, but thanks to the Training Hub, a subsidised rate of £99.99 is available exclusively for local staff. This fee includes all-day refreshments and a three-course meal.

Additional details regarding parking facilities, dietary and other accessibility requirements will be provided closer to the event.

Please note that places are limited, so early booking is strongly advised. See attachments for the access code for your borough.



Bespoke Courses
for Medical
Professionals





PRACTICE TEAM DEVELOPMENT

Care Navigation - 1 day CLICK FOR MORE DETAILS.

This programme is designed to explore the increasing importance of signposting in General Practice and share best practice in delivering care that enables clinicians to spend their time more effectively.

16th April 2024
9:30am - 5:00pm

This *one day* session includes:

- The Role of Signposting and Social prescribing in General Practice
- The Receptionist as Care Navigator
- Managing the process
- Managing patient and provider relationships
- The Role of other Organisations

Who are the courses for?

Clinical and non-clinical staff in patient facing and administration roles.

This is just one of the programmes we have designed based on your feedback.

The range includes programmes for managers, administrators, and front line staff. All are practical, interactive and are fully supported by workbooks and reference material. They are designed to cover and refresh essential skills in a challenging and rapidly changing Primary Care environment.

Want to know more?

Contact us:

Email:

bhr@cherithsimmons.co.uk

or go to the website

bhr.cherithsimmons.co.uk

Join this interactive, lighthearted online study day tailored to enhance your communication skills through the practice of Motivational Interviewing (MI). This event is **suitable for Primary Care practitioners managing patients with respiratory complaints** and provides a unique opportunity to learn and grow together.

Registered participants will receive their personal set of CRAFT cards, which will be utilised during the event and can serve as a helpful resource afterwards. Additionally, participants will receive a responsibility reminder training aid to support the implementation of the skills learned.

This study day is designed to be highly interactive, allowing participants to contribute to and influence the content of the day. We will use bespoke situations to demonstrate the MI skills, offering you practical examples to apply these learnings. Please note that no one will be asked to role-play or listen to extensive powerpoint presentations.

When:

24th April 2024

Where:

Online

[Please click here to register](#)

Timetable

9:00	Registration and Online access audio and visual confirmed
9:30	Introductions – and online etiquette
9:30	MI – What is it – why does it work – How the brain receives stuff! - Principles and Background in a nutshell
10:00	The spirit & principles of MI
10:45	Offering Advice – how to do this without pi**ing people off!
11:15	Official Break
11:30	When Ambivalence meets the Righting Reflex
12:00	Change Talk– What is it? How can I find it? Why does it matter?
12:45	LUNCH
13:30	MI – Open questions, affirmations, reflections and summaries set in context and practiced
15:00	Tea Break
15:15	Putting it all together – demonstration designed by the delegates
15:45	Questions and Evaluation
16:00	Close

The Role of the Supervisor in Diabetes Management – Webinars

This 2.5-hour webinar is aimed at supervisors i.e. GP trainers, Pharmacists, PA Students and Paramedics; working in North East London. The focus of the programme is supervising health professionals responsible for Diabetes in a multidisciplinary environment. This webinar introduces the supervisor's role and explains the GMC/CQC regulatory requirements.

The theories will build on the importance of ensuring that the learner develops and is motivated to achieve outcomes. The workshop will also focus on the competency assessment framework along with a case-based study for review and discussion.

Timings: 10.00 – 12.30

Dates (you only need to join one of the dates):

- 15th April
- 7th May
- 21st May
- 30th May
- 13th June



To book a place on any of the above dates, [book here](#). See more information on the flyer [here](#)

VTS Destinations Survey

As part of our ongoing efforts to continually improve and refine the VTS scheme, we have developed a new retention survey specifically aimed at GPs.

We kindly request your assistance in sharing this survey with all the trainees. Your help in spreading the word about this initiative would be greatly appreciated and will contribute significantly to the quality of our VTS scheme.

For easy access to the survey, we have created a QR code and survey [link](#).



BHR Long Term Condition Webinars

Long-Term Condition (LTC) patients are growing in demand and severity, and some have multi-morbidities. There is a need for more responsive and coherent care and treatments need to be devised through collaboration with partners. The BHR LTC education programme was established in order to support both clinical and non-clinical workforce, for different tiered patients to manage these conditions in the most effective way.

Each LTC condition has been divided into three cohorts:

- 1) **Tier 1** is for those patients at the early onset of their LTC experience and can benefit from light touch interventions, particularly looking at lifestyle changes and decisions. The target workforce for these T1 webinars is: Social prescribers / Care coordinators / Health & Wellbeing coaches / Social Care staff / Voluntary and Community Sector staff / Any other workforce who has service users with early onset LTC and can benefit from light touch interventions, particularly looking at lifestyle changes.
- 2) **Tier 2** is for those patients with more established LTCs but responding well to interventions. The target workforce for T2 webinars is main grade clinicians – GPs, nurses, pharmacists and other Allied Health Professionals.
- 3) **Tier 3** is for those patients with complex conditions or those not responding to/complying with interventions. The target workforce for these webinars is senior clinicians – GPs and advanced clinical practitioners.

See fliers below to register to one of our webinars:



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The Diabetic Foot
by PCN Crest Podiatrist Muhammad Ibrahim Miah and Advanced Specialist Podiatrist Lauren Geeves

Tier 1 cohort


Thur 18th April at 1pm on Zoom

This is part of BHR CEPN LTC Education Programme

[CLICK TO REGISTER](#)

Learning Outcomes:

- How diabetes can affect the feet
- Signs and symptoms to look out for
- How podiatrists assess feet
- When and how to refer to podiatry
- Case studies



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AND TRAINING HUB

Heart Failure
Tier 3 cohort
by Drs Uzma Haque, Dania Shoeb Fairlop PCN Lead Pharmacist Bhavika Dewchand and Senior HWBC Gee Gahir

Tue 30th April at 1pm - on Zoom

This is part of BHR CEPN LTC Education Programme

[CLICK TO REGISTER](#)

Tier 3 cohort
The target workforce for this cohort are senior clinicians such as GPs and other advanced clinical practitioners.

Learning Outcomes:

- Heart failure type and management as per NICE
- QOF indicators for Heart Failure (HF) and Case Studies
- Lifestyle changes to make to help with HF prognosis and symptoms as per NICE



Apprenticeship Opportunities

Business Analyst Training to Support Digital and Transformation Leads

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer. For further information contact [Kerrie Haley](#).

Level 3 Team Leader or Supervisor

This apprenticeship standard is for those who are ready to progress to a first line management role, with operational and project responsibilities or responsibility for managing a team to deliver a clearly defined outcome. For further information contact [Kerrie Haley](#).

Level 5 Operations and Departmental Manager

Management training for Practice Managers and Business Managers. For further information contact [Kerrie Haley](#).

Level 4 Associate Project Manager Apprenticeship

Would you like to develop a knowledge of the tools and principles of Project Management and gain a nationally, industry recognised qualification? Contact [Kerrie Haley](#) to find out more and join the next cohort.

Social Care Providers Shout Out!

15 Apprenticeships have been confirmed across 4 providers. Would you like to benefit from the development and retention of staff apprenticeships can offer you as well as not paying 5% of the cost? Get in touch with [Kerrie Haley](#) to find out more.

Follow LinkedIn for day by day updates:

<https://www.linkedin.com/company/apprenticeshipsgov/>

Find out more about Apprenticeships in Primary Care:

<https://haso.skillsforhealth.org.uk/primary-care-apprenticeships/>

Contact [Kerrie Haley](#) for further inquiries on any of the apprenticeships via email or call directly on **07895 526907**.

Apprenticeship



NHSE Apprenticeship & Notices

Join the Cancer CoP lunchtime webinar: Frailty, Ageing and Cancer - Supporting patients across the system

Date: Thursday 25th April, 12:00pm - 13.30pm

TCST in collaboration with NHS England and CLCH are pleased to announce the first in their Cancer Community of Practice lunchtime webinar series of events for 2024-25.

Featured speakers:

- Dr. Nicolò Matteo Luca Battisti, Consultant Medical Oncologist and Clinical Lead & Snr Adult Oncology Programme, Royal Marsden NHS Foundation Trust
- Anne Barrell, Lead Clinical Nurse Specialist – Senior Adult Oncology Programme (SAOP) & Project Lead Snr Adult Oncology Programme (SAOP), Royal Marsden NHS Foundation Trust
- Rhiannon Haag, Clinical Lead Speech & Language Therapist and Clinical Lead, NELFT

Register your place [here](#). Contact [Sandra Dyer](#) for any questions.

Access to Cancer CoP Genomics February webinar recording is now available on the Cancer CoP [webpage](#).

Skills Bootcamps

Date: Thursday 18 April 2024 at 5pm

The Mayor has secured **£21.6 million grant** funding from the Department for Education (DfE) to deliver Skills Bootcamps in London in 2024-2025. The application window is now open to training providers and employers looking to upskill their current workforce and closes at 5pm on Thursday 18 April 2024.

Skills Bootcamps aim to help Londoners aged 19+ to enter employment, upskill or change career and are open to adults who are full-time or parttime employed, self-employed or unemployed, as well as adults returning to work after a break. [Skills Bootcamps for Londoners | London City Hall](#).

Funded functional skills support in April & May 2024

Open Awards will work with individual employers for the small number of learners who need to take exams in April and May. Please contact paul.hendersongriffiths@openawards.org.uk in these instances. As this is out of scope of the NHSE contract, there will be a small cost to the employer. NHSE hope to be able to refund this cost during the financial year 24-25. At time of publishing, however, this is an aspiration and is in no way guaranteed. Funded exam support will be back in place after this point. In June, we will communicate again. London NHSE.

Apprenticeship Employer Support Call

The next Apprenticeship Employer Support Call will be **Monday 22nd April 2024 at 14:00 - 15:30pm** via **MS Teams**. If you would like to attend and have not received an invite please contact [Jennifer Stone](#). Please note this is for employers only.

London NHSE Apprenticeship Employer Support Call

The next Apprenticeship Employer Support Call will be **Monday 22nd April 2024 at 14:00 - 15:30pm** via **MS Teams**. If you would like to attend and have not received an invite please contact [Jennifer Stone](#). Please note this is for employers only.