

1SSUE 38 12 MARCH 2024

BHR CEPN Primary Care Bulletin

The latest trainings, offers and announcements

In This Issue

Personalised Prescribing: Pharmacogenomics From a Primary Care Perspective

Volunteer with YourStance

Becoming an Anti-Racist health & care system: an introductory workshop

Physician Associates Preceptorship

New Independent Prescribing (IP) supervision resource for prospective Designated Prescribing Practitioners (DPPs), employers and system leaders

London Kidney Network Sharing & Engagement Event

Health and Social Care fair

NB Medical 'Hot Topics' GP Update

Chief Sustainability Officer's clinical fellow scheme

Training needs analysis

Primary Care manager Career development

Health check matters

BHR Long Term Condition Webinars

Apprenticeships Opportunities

NHSE Apprenticeship & Events

BHR CEPN Training Hub

Email: info@manoravenue.co.uk

X (Formerly Twitter): @BHRCEPN

Website: https://bhrcepntraininghub.co.uk

Personalised Prescribing: Pharmacogenomics From a Primary Care Perspective

You are invited to this informative online webinar on the topic of "Personalised Prescribing: Pharmacogenomics From a Primary Care Perspective."

As pharmacogenomics becomes increasingly relevant in the NHS, it is valuable for those of us in primary care to understand the fundamental principles.

Event Details:

Personalised Prescribing: Pharmacogenomics From a Primary Care Perspective

Date: Wednesday, March 13th

Time: 12:00 - 13:00

Platform: Online via Microsoft Teams

Please register for the webinar using this **link**



Volunteer with YourStance

Volunteer with YourStance and Make a Difference!

YourStance is seeking healthcare professionals to empower young people in London. This team of experienced medical volunteers including experienced doctors, nurses, paramedics, EACS, PA's, HCA's, works to equip young people aged 11-25 with life-saving skills.

The core goals of YourStance are

- 1. Reducing morbidity and mortality caused by serious youth violence,
- 2. Challenging stigmas and prejudices among medical professionals
- 3. Addressing class and racial inequalities by reaching out to vulnerable young people in need.

Sign up to volunteer at YourStance.

its fun and a great experience for both CPD and porfolio. To sign up:

- 1. Sign up (if you don't have DBS just put a 1234 and we will help you get a DBS)
- 2. Wait for link to download the app
- 3. Register your interest for any workshops!
- 4. Attend virtual FREE online training workshop
- 5. Lots of resources to help you teach will be sent in advance and a Free Tshirt
- 6. Help teach at a workshop with experience volunteers to support you the whole way

There are free virtual training workshops available and even paid opportunities for those who commit to a lead volunteer role or become a lead advanced facilitator.

Virtual training workshops:

Wednesday 13th March - **Eventbrite link**Wednesday 24th April - **Eventbrite Link**Wednesday 22nd May - **Eventbrite Link**

Help us save more lives and spread the word about YourStance!



Becoming an Anti-Racist health & care system: an introductory workshop

The North East London Training Hub is pleased to launch our Anti – Racism education programme. Health and Care staff across North East London are invited to this one day introductory workshop to discuss racism in in Health & Care services and its profound impact. Workshops are full day and in person

Date and time:

Monday 13th May 2024, 9.30 – 16.30

Where:

Holiday Inn Express Newbury Park, King George Conference Rooms, Ilford IG2 7RH

CLICK HERE TO REGISTER

MUST ATTEND WHOLE DAY IN PERSON. Lunch and refreshment provided.

By attending this introductory workshop, staff would have:

- explored their understanding of racism, its root causes and how racism is maintained
- understood how racism shows up (covert and overt) and it impact on health inequalities
- explored what it means to be anti-racist and how it differs from business as usual
- reflected on what it means to develop an anti-racist approach in their work including what support they may need going forward

Limited places available. Register now as this programme is expected to be popular. Each place is costed at £100, please ensure you attend and cancel place on Eventbrite if unable to attend following registration. Do add your name to waiting list if places are fully subscribed.

Physician Associates Preceptorship

The PA Preceptorship Programme offers a £5000 bursary designed to support newly qualified PAs transitioning from university to primary care. This opportunity is **open to PAs who have been in their role for the past 12 months** or those who are **new to general practice**. Please find attached the application along with additional guidance for potential preceptees in the accompanying email.

Please note that spaces in NEL are limited, and applications will be considered on a first-come, first-served basis. There are 4 places left.

New Independent Prescribing (IP) supervision resource for prospective Designated Prescribing Practitioners (DPPs), employers and system leaders

NHS England are pleased to announce a new multi-professional resource for clinicians considering becoming a DPP and employers and system leaders aiming to support DPP capacity in their workforce, particularly the pharmacy workforce.

The resource consists of a suite of web pages, frameworks, real-life examples and Frequently Asked Questions (FAQs). It also includes information for prospective DPPs from professions other than pharmacy, wishing to support a pharmacist IP learner.

The resource aims to reduce barriers to the DPP role by ensuring those eligible understand the role, its expectations and where to find advice and training. This could contribute to an increase in DPP and Independent Prescribing capacity across all sectors, particularly pharmacy primary care settings, including community pharmacies.

The resource can be accessed via the following <u>link</u>

London Kidney Network Sharing & Engagement Event

Join London Kidney Network on the 27th March 2024 at 13:30 - 17:30, for an in person engaging afternoon sharing the key achievements and ongoing work of the London Kidney Network (LKN). This event offers you an opportunity to:

- 1. Gain insights into the progress of the LKN workstreams.
- 2. Apply the knowledge you gain in your own professional settings.
- 3. Explore avenues for involvement and collaboration.

You'll also have the chance to learn from kidney experts and leaders in fields such as CKD prevention, supportive care, health equity, community outreach, transplant, home therapies, data, and cardiorenal metabolic collaborations. The detailed agenda will be shared closer to the event date.

This event is **open to all professionals involved in kidney care, whether in primary or secondary care settings**. We encourage you to share this invitation with your colleagues and team members.

As **spaces are limited**, please confirm your participation by signing up before 20th March, 5pm.

For any queries or dietary requirements, please email lkn.londonkidneynetwork@nhs.net with the subject heading 'LKN event on 27 March'. Please note that dietary requirement requests should be sent by 20th March.

Inspired to work in **Health and Social Care Fair**







The event is open to all, no need to book, just drop in!

Thursday 21 March, 10am to 2pm Redbridge Town Hall, 128-142 High Road, Ilford, IG1 1DD

Come along and meet with training organisations and employers and find out about how you could start or develop a career in the health and social care sector.

For more information, tips, and ideas to help you find work, visit www.redbridge.gov.uk/workredbridge

This event is sponsored by the University of East London











in tough times

NB Medical 'Hot Topics' GP Update

Attention to all clinicians working across NEL: An enriching GP Update course has been scheduled for your professional development. This course will provide a comprehensive update on the latest developments in the literature and serve as a valuable platform for continuing professional development (CPD).

Date: Saturday, 20th April 2024

Time: 09:30 – 17:00 (Doors open from 08:30)

Location: Impression Events Venue, Milner Road, West Ham, London, E15 3AD

To register, please visit the **NB Medical website**.

The regular price for this course is £200, but thanks to the Training Hub, a subsidised rate of £99.99 is available exclusively for local staff. This fee includes all-day refreshments and a three-course meal.

Additional details regarding parking facilities, dietary and other accessibility requirements will be provided closer

to the event.

Please note that places are limited, so early booking is strongly advised. See attachments for the access code for your borough.







Chief Sustainability Officer's clinical fellow scheme

Sponsored by the Chief Sustainability Officer and managed by FMLM, this scheme has been established to identify and support clinicians who want to develop as clinical leaders and sustainability champions of the future. It offers clinicians with a passion for sustainability a unique opportunity to develop their leadership skills and support the NHS to realise its net zero ambitions. Those appointed to the scheme will work by engaging directly with the most senior leaders in the NHS, helping to embed net zero carbon principles across the healthcare system.

The scheme is multi-professional and welcomes applications from allied health professionals, dentists, doctors in training [including public health registrars and SAS

The eligibility is limited to people at the start of their careers. Closes 27th of March.

For more information, please contact **Sule Kangule**

Training Needs Analysis

Calling all Personalised Care Practitioners!

The Personalised Care Practitioners workforce is a valued role within Primary Care Networks. We need to hear from you to ensure that we are offering training that best supports you in your role.

Do you feel like you are getting the training and development you need to thrive in your role? We want to hear from you so we can ensure that the right supports are in place. Please complete the Training Needs Analysis **here**. This will be instrumental for our planning for the year ahead.

We look forward to hearing from you! If you have any questions, contact **Summer Cooper**.

Primary Care Manager career development

NHS England is pleased to announce that a primary care manager career development framework has now been published and is live on the <u>Practice and PCN support FutureNHS workspace</u> (sign up required).

The largest and most established profession in primary care management is the practice manager, and there is a growing recognition of the need to diversify the primary care management workforce to ensure the role of practice manager is realistic and sustainable.

This framework should be used as guidance and a mechanism for enhancing current offers and identifying the current gaps that could make the difference to supporting primary care managers. It includes information on pathways, skills, and training and development options for early, established, and late career managers.

Find the framework attached in the email.



Improving the experience of Annual Health Checks for people with a Learning Disability

Patients with learning disabilities face some of the most complex challenges, and this includes their experiences accessing primary care.

However, many of us in primary care have not had the opportunity to truly understand what it's like to access primary care from the perspective of our patients with learning disabilities.

Join us for an engaging, lively, and motivating in-person workshop where our partners, People First, a self-advocacy group of 'experts by experience' will help us better understand their world through their eyes.

Who should attend?

- Clinicians and non-clinicians working in primary care involved in Annual Health Checks for patients with a Learning Disability
- People with a Learning Disability who want to share their experiences and ideas with health professionals.



Workshops are taking place on the following dates, click the link to register your place:



- Wednesday 20th March 1:30pm 4:30pm _{- BOOK}
- <u>Thursday 21st March 10.00am 1.00pm</u> воок

For more information or to book a place, contact Summer Cooper at BHR CEPN email: summer@manoravenue.co.uk call: 078488 32363





These workshops are funded by BHR CEPN and BHR&WF SuperHub

08 BULLETIN | ISSUE 38

BHR Long Term Condition Webinars

Long-Term Condition (LTC) patients are growing in demand and severity, and some have multi-morbidities. There is a need for more responsive and coherent care and treatments need to be devised through collaboration with partners. The BHR LTC education programme was established in order to support both clinical and non-clinical workforce, for different tiered patients to manage these conditions in the most effective way.

Each LTC condition has been divided into three cohorts:

1) **Tier 1** is for those patients at the early onset of their LTC experience and can benefit from light touch interventions, particularly looking at lifestyle changes and decisions. The target workforce for these T1 webinars is:

Social prescribers / Care coordinators / Health & Wellbeing coaches / Social Care staff / Voluntary and Community Sector staff / Any other workforce who has service users with early onset LTC and can benefit from light touch interventions, particularly looking at lifestyle changes.

- 2) **Tier 2** is for those patients with more established LTCs but responding well to interventions. The target workforce for T2 webinars is main grade clinicians GPs, nurses, pharmacists and other Allied Health Professionals.
- 3) **Tier 3** is for those patients with complex conditions or those not responding to/complying with interventions. The target workforce for these webinars is senior clinicians GPs and advanced clinical practitioners.

See fliers below to register to one of our webinars:



Stroke Prevention
Tier 1 cohort
by Dr Gurmeet Singh, and
Pharmacist Malgorzata Burton

Wed 13th March at 1pm - on Zoom

This is part of BHR CEPN LTC Education Programme

CLICK TO REGISTER

Tier 1 cohort

The target workforce for this cohort are personalised care staff such as:

- Social Prescribers
- Care coordinators
- · Health and Wellbeing coaches
- VCS staff
- · Social carers

Learning Outcomes:



- What is AF and how is it linked to strokes
- How can I contribute to minimizing strokes due to AF
- What role can I play in providing personalised care in patients on stroke prevention treatment
- · Who to screen
- Addressing some alerts
- Medications a patient should be on.



Heart Failure Tier 3 cohort

by Drs Uzma Haque, Dania Shoeb Clinical Pharmacist Manpreet Saini and Senior HWBC Gee Gahir

Fri 15th March at 2pm - on Zoom

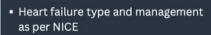
This is part of BHR CEPN LTC **Education Programme**

CLICK TO REGISTER

Tier 3 cohort

The target workforce for this cohort are senior clinicians such GPs and other advanced clinical practitioners.

Learning Outcomes:





- QOF indicators for Heart Failure (HF) and Case Studies
- · Lifestyle changes to make to help with HF prognosis and symptoms as per NICE



Cancer for Tier 1 & 2 cohort

by Drs Jyoti Sood, Bunmi Olajide Sangeetha Pazhanisami and Senior **HWBC Gee Gahir**

Tue 26th March 1pm - on Zoom

This is part of BHR CEPN LTC Education **Programme**

CLICK TO REGISTER

The target workforce for this cohort are both clinical and nonclinical professionals namely:

- Tier 1 and 2 cohorts: Social Care Staff
- Social Prescribers
- Care Coordinators
- Voluntary and Community Sector Staff
- Any other workforce who comes into contact with patients with cancer who can help with its management Allied Health Professionals
- **Pharmacists**
- Nurses

Learning Outcomes:

- Understanding GP contract 2023/24
- Evaluate the strengths and limits of current screening programmes and an overview of NEL cancer screening uptake
- How to increase participation in national cancer screening programmes - a case study.
- . Understanding the support and care needs of people with cancer
- The role of ARRS staff in Primary care cancer management
- Cancer Inequalities
- . Update on NEL cancer programmes



Diabetes T1, T1 and T3 cohort by Drs Adeel Ansari & Syed Raza **Dietician Nav Sidhu Psychologist Kim Lyons** Senior HWBC Gee Gahir

Wed 27th March 12pm - on Zoom

This is part of BHR CEPN LTC Education **Programme**

CLICK TO REGISTER

The target workforce for this cohort is both clinical and non-clinical professionals working in Primary Care.

Objectives

- Let's diagnose more patients with diabetes
- Where do we start? Let's talk diet and lifestyle
- Struggling to book patient for review? Patients not taking medications / not following advice- What now?





Apprenticeship Opportunities

Does your job involve Quality Assurance or Quality Improvement?

Do you want to know how Apprenticeships can develop staff skills and knowledge in this area? Find out from 2 Trusts who have used these Apprenticeships successfully in our webinar on Tuesday 12th March 2024, 13:00 - 14:00

To book a place, please contact Kerrie Haley

Business Analyst Training to Support Digital and Transformation Leads

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer. For further information contact Kerrie Haley.

Level 3 Team Leader or Supervisor

This apprenticeship standard is for those who are ready to progress to a first line management role, with operational and project responsibilities or responsibility for managing a team to deliver a clearly defined outcome. For further information contact Kerrie Haley

Level 5 Operations and Departmental Manager

Management training for Practice Managers and Business Managers.

For further information contact Kerrie Haley.

Level 4 Associate Project Manager Apprenticeship

Would you like to develop a knowledge of the tools and principles of Project Management and gain a nationally, industry recognised qualification? Contact <u>Kerrie Haley</u> to find out more and join the next cohort.

Social Care Providers Shout Out!

15 Apprenticeships have been confirmed across 4 providers. Would you like to benefit from the development and retention of staff apprenticeships can offer you as well as not paying 5% of the cost? Get in touch with Kerrie Haley to find out more.

Follow Linkedin for day by day updates: https://www.linkedin.com/company/apprenticeshipsgov/

Find out more about Apprenticeships in Primary Care:

https://haso.skillsforhealth.org.uk/primary-care-apprenticeships/

Contact <u>Kerrie Haley</u> for further inquiries on any of the apprenticeships via email or call directly on 07895 526907.

NHSE Apprenticeship & Notices

NCL Schwartz Round Facilitator – Vacancy

Required Commitment: 1.5 days per round, plus a commitment to participate in facilitator training (if required) and engage fully in the delivery of rounds over the course of a year.

Renumeration: £800 per round

Facilitator Training: While having completed facilitator training is desirable, it is not a requirement for application. Training in the Schwartz Round model will be provided by the Point of Care Foundation, which issues the license to hold rounds. NCL are keen to support the facilitators in developing the necessary skills and understanding to lead these important discussions.

How to Apply: Please read the attached advert and role description. If you meet these criteria and are interested in the role, please write a short 500 word application about why you would like the post, what you understand about the role and the challenges, and send it to sedat.ozcelik@communitymatters.co.uk with your details (contact details, role, organisation, borough that you work in) by 22nd March 2024. Details can be found on the document attached to the email.

Greener Nurses and Midwives week

When: 18th – 22nd March

The first Greener Nurses and Midwives week is an opportunity to learn and share what it means to be a more environmentally sustainable nurses or midwife. The majority of activities will be happening on virtual platforms and social media, and we encourage you to take part. Alongside the events organised by each region, the CNO Sustainability team are hosting some national webinars across the week. These webinars are aimed at all nurses and midwives, across all regions and roles, interested in finding out more about the world-first NHS net zero ambition, progress made towards a greener NHS, and how you can get involved.

The London Greener NHS team and the Nursing Directorate are very excited to host two webinars during the Greener Nurses and Midwives week:

- 18th March, 2.30-3.30pm, the first of the webinars is with Jo Frame, Clinical Fellow, Nursing and Midwifery Sustainability Team, Chief Nurses Office, NHS England. Click here to register
- 20th March, 2.30-3.30pm, the second is with **Tricia Mukherjee**, Associate Chief Nurse, London North West University Healthcare Leadership in Sustainability and Stephanie Ireland, Staff Nurse and Sustainability Champion in AICU and Clinical Lead for Sustainability Development Group at RBH and Harefield. Click here to register