

BHR CEPN Primary Care Bulletin

The latest trainings, offers and announcements

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BHR CEPN Training Hub

Email: info@manoravenue.co.uk

X (Formerly Twitter): [@BHRCEPN](https://twitter.com/BHRCEPN)

Website: <https://bhrcepntraininghub.co.uk>

Training Needs Analysis

Calling all Personalised Care Practitioners!

The Personalised Care Practitioners workforce is a valued role within Primary Care Networks. We need to hear from you to ensure that we are offering training that best supports you in your role.

Do you feel like you are getting the training and development you need to thrive in your role? We want to hear from you so we can ensure that the right supports are in place. Please complete the Training Needs Analysis [here](#). This will be instrumental for our planning for the year ahead.

We look forward to hearing from you! If you have any questions, contact [Summer Cooper](#).

Training Need



Define



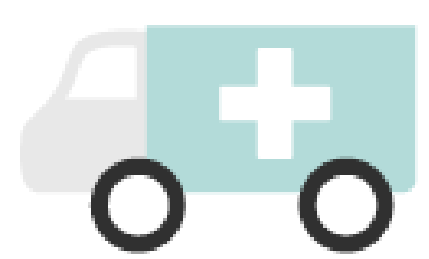
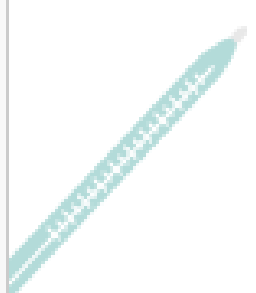
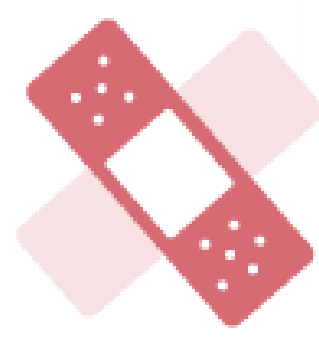
Assess



Develop



Evaluate



MASTERING LITHIUM MANAGEMENT

THURSDAY 7TH MARCH 2024

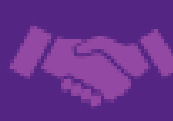
12PM - 1PM
MS TEAMS

[REGISTER HERE](#)



Explore crucial topics including lithium prescribing considerations, plasma level interpretation, risk management, and physical health monitoring requirements.

Inspired to work in Health and Social Care Fair



The event is open to all, no need to book, just drop in!

**Thursday
21 March,
10am to 2pm**

**Redbridge Town Hall,
128-142 High Road,
Ilford, IG1 1DD**

Come along and meet with training organisations and employers and find out about how you could start or develop a career in the health and social care sector.

For more information, tips, and ideas to help you find work, visit

www.redbridge.gov.uk/workredbridge

This event is sponsored by the University of East London



University of
East London



CARE
PROVIDERS'
VOICE



London Borough of
Redbridge



Chief Sustainability Officer's clinical fellow scheme

Sponsored by the Chief Sustainability Officer and managed by FMLM, this scheme has been established to identify and support clinicians who want to develop as clinical leaders and sustainability champions of the future. It offers clinicians with a passion for sustainability a unique opportunity to develop their leadership skills and support the NHS to realise its net zero ambitions. Those appointed to the scheme will work by engaging directly with the most senior leaders in the NHS, helping to embed net zero carbon principles across the healthcare system.

The scheme is multi-professional and welcomes applications from **allied health professionals, dentists, doctors in training [including public health registrars and SAS**

The eligibility is limited to people at the start of their careers.

For more information, please contact [Sule Kangulec](#)

Physician Associates Webinar

A much needed and challenging conversation was had at our webinar last week on Physician Associates (PAs) in BHR. This was led by PA ambassador in NEL Marium Hanif and Dr Dania Shoeb and her PA Katiana Pinto. Issues and questions were raised by Clinical Directors and GPs who attended and excellent webinar feedback proved this session was impactful.

To view this webinar, please use the following [link](#)

Personalised Prescribing: Pharmacogenomics From a Primary Care Perspective

You are invited to this informative online webinar on the topic of "**Personalised Prescribing: Pharmacogenomics From a Primary Care Perspective.**" As pharmacogenomics becomes increasingly relevant in the NHS, it is valuable for those of us in primary care to understand the fundamental principles.

Event Details:

Personalised Prescribing: Pharmacogenomics From a Primary Care Perspective

Date: **Wednesday, March 13th**

Time: **12:00 - 13:00**

Platform: **[Online via Microsoft Teams](#)**

Please register for the webinar using this [link](#)



Health Check Matters

Improving the experience of Annual Health Checks for people with a Learning Disability

Join us for one of the workshops using 'Forum Theatre' to explore how the Annual Health Check feels from the viewpoint of people with a Learning Disability (LD), and how we can improve the patient experience and outcomes together.

The workshops are led by People First (Self Advocacy), a user-led organisation.

Who should attend?

- Clinicians and non-clinicians working in primary care involved in Annual Health Checks for patients with a Learning Disability
- Participants will be joined by people with a Learning Disability who want to share their experience with health professionals



Workshops are taking place on the following dates:



- Tuesday 19th March – 1:30pm – 4:30pm
- Wednesday 20th March – 1:30pm – 4:30pm
- Thursday 21st March – 10.00am - 1.00pm

For more information or to book a place, contact Summer Cooper at BHR CEPN email: summer@manoravenue.co.uk call: 078488 32363



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People First

a voice for people with learning difficulties

These workshops are funded by BHR CEPN and BHR&WF SuperHub

BHR Long Term Condition Webinars

Long-Term Condition (LTC) patients are growing in demand and severity, and some have multi-morbidities. There is a need for more responsive and coherent care and treatments need to be devised through collaboration with partners. The BHR LTC education programme was established in order to support both clinical and non-clinical workforce, for different tiered patients to manage these conditions in the most effective way.

Each LTC condition has been divided into three cohorts:

1) **Tier 1** is for those patients at the early onset of their LTC experience and can benefit from light touch interventions, particularly looking at lifestyle changes and decisions. The target workforce for these T1 webinars is:

Social prescribers / Care coordinators / Health & Wellbeing coaches / Social Care staff / Voluntary and Community Sector staff / Any other workforce who has service users with early onset LTC and can benefit from light touch interventions, particularly looking at lifestyle changes.

2) **Tier 2** is for those patients with more established LTCs but responding well to interventions. The target workforce for T2 webinars is main grade clinicians – GPs, nurses, pharmacists and other Allied Health Professionals.

3) **Tier 3** is for those patients with complex conditions or those not responding to/complying with interventions. The target workforce for these webinars is senior clinicians – GPs and advanced clinical practitioners.

See fliers below to register to one of our webinars:



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Osteoporosis

**by Drs Jothimurugan Subramanian
and Thushani Wickramaratne,
Senior HWBC Gee Gahir and
Osteoporosis Specialist Nurse Dee
Tomasso**

Tier 1, Tier 2 & Tier 3

Thu 29th Feb - 12.30pm on Zoom

**This is part of BHR CEPN LTC Education
Programme**

CLICK TO REGISTER

This webinar includes all those who treat service users/patients with osteoporosis in both clinical and non-clinical roles

Learning Outcomes:

- Understanding osteoporosis and osteopenia
- Causes and prevention of osteoporosis
- Investigations and management of osteoporosis in primary and secondary care



Immunisation in the context of Long-term conditions (LTC)
by Strategic Nurse Lead **Nora Rao**
for
Tier 1, Tier 2 & Tier 3 cohort*

Tue 5th March - 12.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

CLICK TO REGISTER

*This webinar includes all those who treat service users/patients with LTCs in both clinical and non-clinical roles

Learning Outcomes:

- Review schedule - what vaccines to think about
- Factors that influence vaccine decision making
- HCP role in supporting vaccine acceptance
- Dispelling myths
- Good practice for vaccine storage.



Atrial Fibrillation
Tier 3 cohort

by Drs Farheen Zulfiquer and
Consultant Cardiologist Afzal Sohaib

Wed 6th March 12pm - on Zoom

This is part of BHR CEPN LTC Education Programme

CLICK TO REGISTER

Tier 3 cohort

The target workforce for this cohort are advanced senior clinicians e.g.

- GPs
- advanced clinical practitioners

Learning Outcomes:

- Risk stratification in General Practice of patients with AF
- Management in General Practice of patients with AF
- Case Studies



Chronic Obstructive Pulmonary Disease
by Dr Uzma Haque, Respiratory Nurse/Oxygen Lead Jadene McKenzie Hamilton and Senior HWBC Gee Gahir
Tier 3 cohort

Thur 7th Mar at 1pm on Zoom

This is part of BHR CEPN LTC Education Programme

CLICK TO REGISTER

Learning Outcomes:

- The epidemiology, causes and symptoms of Chronic Obstructive Pulmonary Disease (COPD)
- Diagnosis of COPD and overlap with asthma
- Changes in National Institute for Health and Care Excellence (NICE) on the management of COPD (pharmacological and non-pharmacological)
- How to help optimise the NICE guidance their COPD treatment and reduce side effects.
- How to support people self-manage their condition.





Stroke Prevention

Tier 1 cohort

by Dr Gurmeet Singh, and
Pharmacist Malgorzata Burton

Wed 13th March at 1pm - on Zoom

This is part of BHR CEPN LTC
Education Programme

[CLICK TO REGISTER](#)

Tier 1 cohort

The target workforce for this cohort are personalised care staff such as:

- Social Prescribers
- Care coordinators
- Health and Wellbeing coaches
- VCS staff
- Social carers



Learning Outcomes:

- What is AF and how is it linked to strokes
- How can I contribute to minimizing strokes due to AF
- What role can I play in providing personalised care in patients on stroke prevention treatment
- Who to screen
- Addressing some alerts
- Medications a patient should be on.



Heart Failure

Tier 3 cohort

by Drs Uzma Haque, Dania Shoeb
Clinical Pharmacist Manpreet Saini
and Senior HWBC Gee Gahir

Fri 15th March at 2pm - on Zoom

This is part of BHR CEPN LTC
Education Programme

[CLICK TO REGISTER](#)

Tier 3 cohort

The target workforce for this cohort are senior clinicians such as GPs and other advanced clinical practitioners.

Learning Outcomes:

- Heart failure type and management as per NICE
- QOF indicators for Heart Failure (HF) and Case Studies
- Lifestyle changes to make to help with HF prognosis and symptoms as per NICE



Cancer for Tier 1 & 2 cohort

by Drs Jyoti Sood, Bunmi Olajide
Sangeetha Pazhanisami and Senior
HWBC Gee Gahir

Tue 26th March 1pm - on Zoom

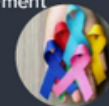
This is part of BHR CEPN LTC Education
Programme

[CLICK TO REGISTER](#)

The target workforce for this cohort are both clinical and non-clinical professionals namely:

Tier 1 and 2 cohorts:

- Social Care Staff
- Social Prescribers
- Care Coordinators
- Voluntary and Community Sector Staff
- Any other workforce who comes into contact with patients with cancer who can help with its management
- Allied Health Professionals
- Pharmacists
- Nurses
- GPs



Learning Outcomes:

- Understanding GP contract 2023/24
- Evaluate the strengths and limits of current screening programmes and an overview of NEL cancer screening uptake
- How to increase participation in national cancer screening programmes - a case study.
- Understanding the support and care needs of people with cancer
- The role of ARRS staff in Primary care cancer management
- Cancer Inequalities
- Update on NEL cancer programmes



North East London

Diabetes - A health equity and person centred approach - what matters to you?

7th March 2024 - 12.30pm to 13.15pm - ONLINE

Join us for this exciting and interactive session where we will explore health equity and how to provide a person centred approach in diabetes.

Aim of session

The aim is to support all workforce and personalised roles in supporting patients with diabetes.

We will be joined by Dr Jyoti Sood, NEL Training Hub Clinical Lead, Dr Payam Torabi NEL ICB Health Inequalities Clinical Lead, Dr Kavita Gaur NEL ICB Clinical Lead for Personalised Care and Alexandra Kyriakidis Health and Wellbeing Coach Waltham Forest who will share her insights on how to make a difference to these patients and how to implement this on the ground.

Learning objectives

- Learn about key data around diabetes and health equity
- Learn about person centred care
- Learn about real case studies and how to implement in your practice
- Learn from patients how this approach has benefitted them

Audience

Anybody, **working in North East London**, who has an interest in Health Equity, Person Centred Care and Long Term conditions, Diabetes and any role that provides care to these patients.

Agenda

- 12.30-12.35 **Welcome and Introduction**- Dr Jyoti Sood
- 12.35-12.42 **Personalisation model and diabetes, Personalised roles** - Dr Kavita Gaur
- 12.42-12.52 **Recorded consultation with patient** - Alexandra Kyriakidis Health and Wellbeing Coach
- 12.52-12.57 **Patient perspective on this approach and what worked** (pre-recorded)
- 12.57-13.02 **How to implement on the ground** - Alexandra Kyriakidis Health and Wellbeing Coach
- 13.02-13.10 **Health equity and Diabetes** - Dr Payam Torabi
- 13.10-13.15 **Q+A and close**

REGISTER

For any questions, please email nelondon.newhamtraininghub@nhs.net

Apprenticeship Opportunities

Trainee Nursing Associate (TNA)

March 2024 applications are still open but time is running out! Please contact [Kerrie Haley](#) for further information on this and further cohorts for 2024 and to book onto an information Briefing.

Business Analyst Training to Support Digital and Transformation Leads

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer. For further information contact [Kerrie Haley](#).

Level 3 Team Leader or Supervisor

This apprenticeship standard is for those who are ready to progress to a first line management role, with operational and project responsibilities or responsibility for managing a team to deliver a clearly defined outcome. For further information contact [Kerrie Haley](#).

Level 5 Operations and Departmental Manager

Management training for Practice Managers and Business Managers.
For further information contact [Kerrie Haley](#).

Contact [Kerrie Haley](#) for further inquiries on any of the apprenticeships via email or on 07895 526907.

Hear from a Nursing Associate working in Primary Care who qualified through the Apprenticeship: https://youtu.be/2W_3H2nbO94

Follow LinkedIn for day by day updates: <https://www.linkedin.com/company/apprenticeshipsgov/>

Find out more about Apprenticeships in Primary Care:
<https://haso.skillsforhealth.org.uk/primary-care-apprenticeships/>

Contact [Kerrie Haley](#) for further inquiries on any of the apprenticeships via email or call directly on 07895 526907.

Apprenticeship



NHSE Apprenticeship & Notices

Learning about prevention of differential attainment in Specialist GP Training in England and Scotland

A journal article has been published by NHS England and NHS Education for Scotland which describes the practical ways we are tackling differences in the attainment of people training as general practitioners (GPs), linked to the national work on targeted GP training.

A national programme was implemented to tackle differential attainment and system-level bias, and educators now work with all GP trainees to identify their individual needs.

Read the full Journal publication here: [Tackling differential attainment in specialist GP training in England and Scotland](#).

Primary Care Nursing Live Event

Date: [8th March 2024](#)

Primary Care Nursing Live event, a CPD study day dedicated to primary care nursing.

This event is open to nurses working in primary care including practice nurses, community nurses, nurse practitioners and nurses with a prescribing qualification.

The event will be held at [155 Bishopsgate, Liverpool Street, London, EC2M 3YD](#).

[Register here](#).

Primary Care UK Podcast – Air Pollution: A Silent Health Threat We Can't Ignore

The new episode of the Primary Care UK Podcast features a discussion on the critical issue of air pollution and its significant impact on health. Experts from London share insights on the pervasive problem, though the topic is highly relevant UK wide. They discuss different sources of pollution, health effects and the current climate change crisis, and the responsibility and potential for clinicians to advocate change.

The best way to listen to the episode is to find this on your podcast app (search for 'Primary Care UK') but alternatively the direct episode link is here: [Air Pollution: A silent health threat we can't ignore](#).

North Thames Genomics medicine service

The North Thames Genomic Medicine Service's virtual training programme provides primary care healthcare professionals with a practical guide to genetics referrals and how to request genetic testing for their patients. As part of the programme, the following sessions are planned for February-March:

- Bringing Familial Hypercholesterolemia (FH) Genetic Tests to Primary Care on **Thursday 29th February, 12:30-2pm**. This session will be repeated on **Tuesday 19th March, 12:30-2pm**
- Bringing Cystic Fibrosis (CF) Genetic Tests to Primary Care on **Wednesday 6th March, 5-6:30pm**.

You can find out more, and register to attend for free, using the following links:

[FH Genetic Tests on 29th February](#)

[CF Genetic Tests on 6th March](#)

[FH Genetic Tests on 19th March](#)