

BHR CEPN Primary Care Bulletin

The latest trainings, offers and announcements

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BHR CEPN Training Hub

Email: info@manoravenue.co.uk

X (Formerly Twitter): [@BHRCEPN](https://twitter.com/BHRCEPN)

Website: <https://bhrcepntraininghub.co.uk>

Specialised Professional Skills - Medical Terminology

Our course on medical language is designed to equip healthcare professionals, both clinical and non-clinical, with a deeper understanding of medical terminology.

By the end of this workshop, participants will learn:

- A summary of the Greek and Roman origins of medicine.
- Skeleton, internal organs, blood, glands, ear, nose, and throat anatomical prefixes.
- Common suffixes and prefixes.
- Operations, instruments, examinations and hospital departments.

This highly interactive course includes group discussions and is supported by workbooks and resources, making it practical and immediately applicable.

By better understanding medical language, you can improve your communication with colleagues and patients. Spaces are limited, so sign up today to support your professional growth and provide exceptional patient care.

When:

22nd February 2024

Time:

09:30 – 13:00

Contact [Kyle](#) for more information.

To register [click here](#)





**JOIN
NOW!**

PRACTICE TEAM DEVELOPMENT



Building Better Patient Relationships - 1 day

CLICK ABOVE FOR MORE DETAILS.

In just two half- day sessions, you can learn how to enhance patient care and communication while reducing difficult situations. This course is centred around service improvement.

*Part one 27th February 2024
9:30am- 13:00pm*

*Part two 5th March 2024
9:30am- 13:00pm*

The sessions will cover:

- Understanding the expectations of different groups.
- Improving patient care and communication.
- Reducing difficult situations through service improvement (and handling them well if they happen).
- Moving to self-care and effective signposting to reduce DNA's.
- Making improvement plans happen.

Who are the courses for?

This is just one of the programmes we have designed based on your feedback.

The range includes programmes for managers, administrators, and front line staff. All are practical, interactive and are fully supported by workbooks and reference material. They are designed to cover and refresh essential skills in a challenging and rapidly changing Primary Care environment.

Want to know more?

Contact us:

Email:

bhr@cherithsimmons.co.uk

or go to the website

bhr.cherithsimmons.co.uk

NEL Community Pharmacy Clinical Services Update Session

Join NEL for an informative session on the current community pharmacy service provision across North East London (NEL)

Date:

Wednesday 6th March 2024, 12:30 - 13:30.

Speakers:

- Yogendra Parmar – Joint Community Pharmacy Clinical Lead, NEL ICB
- Shilpa Shah – CEO, Community Pharmacy North East London
- Dalveer Singh Johal – Pharmacy Services Manager, Community Pharmacy North East London.

Learning Outcomes:

- This session will provide you an update on current community pharmacy service provision across NEL. This will include information on the recently launched Pharmacy First service as well as existing services including the Blood Pressure Check service and the Contraceptive service.

Don't miss out on this opportunity to stay informed about the evolution of our services. Register for the session [here](#)

Physician Associates Webinar

The opportunity to register for the PA one-hour webinar, which is scheduled to take place on **Wednesday 21st Feb** at **12.30pm** is rapidly approaching. **Don't miss out** on this opportunity to gain valuable insight!

Physician Associates Webinar



Background

We all know **General Practice is under huge pressure** where demand is outstripping supply and patients' needs are ever more complex.

The Physician Associate (PA) role has been introduced by NHSE and funded through ARRS to increase clinical capacity in General Practice.

Working alongside GPs and the wider primary care workforce, PAs are bringing much needed expertise and capabilities to General Practice across England.

However, the PA role has attracted some controversy in the media and in addition hasn't landed well across BHR primary care.

How can we work together to maximise the benefits of the PA role and continue to enhance clinical capacity across BHR?

Join us on Wed 21st Feb at 12.30pm

At this webinar you will hear from Drs Jyoti Sood and Dania Shoeb alongside NEL PA Ambassador Marium Hanif and you will learn:

- How PAs are being supervised
- How PAs are enhancing the capacity of general practice
- How PAs are improving the experience of care for our patients



[Click to register](#)

FREE

Training Workshops Identifying and referring 'hidden' carers



The London Borough of Barking and Dagenham in partnership with Carers of Barking and Dagenham invite partners across the Council, Health, Community and Voluntary Sector to attend **free training** to help identify 'hidden' carers and understand how to support and refer them to the Carers' Hub.

Around 14,224 people identify themselves as carers in Barking and Dagenham, however only 4,500 are known to services. These 'hidden' Carers also known as informal or unpaid carers who often don't have any help or support.

By identifying carers and referring them to the Carers' Hub these **carers can access timely information, advice and support.**

We are offering a mixture of face to face and online workshops (via Microsoft teams). Face to face workshops will provide a light lunch, refreshments and an opportunity to network. **Please use the QR code below to book your place.**

Date	Time am	Time pm	Where
Monday 6 November	10am to 12.30pm		Memory Lane 234a Porters Avenue, Dagenham RM8 2EQ
Monday 6 November		1pm to 3.30pm	Microsoft Teams
Thursday 23 November	10am to 12.30pm	1pm to 3.30pm	Microsoft Teams
Monday 4 December	10am to 12.30pm	1pm to 3.30pm	Microsoft Teams
Monday 12 February	10am to 12.30pm		Microsoft Teams
Thursday 21 March	10am to 12.30pm		Microsoft Teams



Scan the QR code for more information

[Registration Link](#)



London Multi-Professional Supervisor Course

NHS England has introduced a new Multi-Professional Supervisor Course, specifically designed for non-GP roles involved in primary care. If you're a clinician who supports learners as an educational supervisor, this course is a must.

Becoming an approved educational supervisor involves two steps. Firstly, register for and complete the Multi-Professional Supervisor Course. Secondly, undergo an ICS Training hub application and assessment after finishing the course.

This course is ideal for anyone within general practice who isn't a GP but supports the educational supervision of other clinicians. Admission prerequisites include:

- Not being a GP
- Working in an approved learning environment
- Having at least 2 years post-CCT or equivalent experience in mentorship, supervision, and education relevant to their clinical specialty
- Engagement with the borough Training Hub's Multi-Professional Faculty Group (MPEG)
- Commitment to attending all four in-person workshops of the course and completing any pre-course reading or summative work

For those working in GP practices that aren't approved learning environments, evidence of an application or initiation of the application process within six months is needed.

GPs aiming to become trainers or educators should complete the GP Supervisor Course and NCL application form. More details about this process can be found [here](#).

The course spans four in-person study days over three months:

Day 1: Introduction and preparation for teaching and facilitating in the workplace

Day 2: Navigating supervision challenges and understanding lesson planning and teaching core concepts

Day 3: Inter-professional education and assessment

Day 4: Peer review, portfolio review, discussion, and next steps

The next cohort (cohort three) is now accepting expressions of interest. The course dates are as follows:

Day One: **16 April 2024**

Day Two: **15 May 2024**

Day Three: **13 June 2024**

Day Four: **02 July 2024**

Please note that attendance on all four dates is compulsory to successfully complete the course. Register for the Multi-Professional Supervisor Course by completing the [EOI form HERE](#)

Spaces are limited, and applications may be prioritised according to local borough needs and educator/trainer capacities. For more information, direct your queries to: england.WTELondonPrimaryCare@nhs.net



North East London

Diabetes - A health equity and person centred approach - what matters to you?

7th March 2024 - 12.30pm to 13.15pm - ONLINE

Join us for this exciting and interactive session where we will explore health equity and how to provide a person centred approach in diabetes.

Aim of session

The aim is to support all workforce and personalised roles in supporting patients with diabetes.

We will be joined by Dr Jyoti Sood, NEL Training Hub Clinical Lead, Dr Payam Torabi NEL ICB Health Inequalities Clinical Lead, Dr Kavita Gaur NEL ICB Clinical Lead for Personalised Care and Alexandra Kyriakidis Health and Wellbeing Coach Waltham Forest who will share her insights on how to make a difference to these patients and how to implement this on the ground.

Learning objectives

- Learn about key data around diabetes and health equity
- Learn about person centred care
- Learn about real case studies and how to implement in your practice
- Learn from patients how this approach has benefitted them

Audience

Anybody, **working in North East London**, who has an interest in Health Equity, Person Centred Care and Long Term conditions, Diabetes and any role that provides care to these patients.

Agenda

- 12.30-12.35 **Welcome and Introduction**- Dr Jyoti Sood
- 12.35-12.42 **Personalisation model and diabetes, Personalised roles** - Dr Kavita Gaur
- 12.42-12.52 **Recorded consultation with patient** - Alexandra Kyriakidis Health and Wellbeing Coach
- 12.52-12.57 **Patient perspective on this approach and what worked** (pre-recorded)
- 12.57-13.02 **How to implement on the ground** - Alexandra Kyriakidis Health and Wellbeing Coach
- 13.02-13.10 **Health equity and Diabetes** - Dr Payam Torabi
- 13.10-13.15 **Q+A and close**

REGISTER

For any questions, please email nelondon.newhamtraininghub@nhs.net

BHR Long Term Condition Webinars

Long-Term Condition (LTC) patients are growing in demand and severity, and some have multi-morbidities. There is a need for more responsive and coherent care and treatments need to be devised through collaboration with partners. The BHR LTC education programme was established in order to support both clinical and non-clinical workforce, for different tiered patients to manage these conditions in the most effective way.

Each LTC condition has been divided into three cohorts:

1) **Tier 1** is for those patients at the early onset of their LTC experience and can benefit from light touch interventions, particularly looking at lifestyle changes and decisions. The target workforce for these T1 webinars is:

Social prescribers / Care coordinators / Health & Wellbeing coaches / Social Care staff / Voluntary and Community Sector staff / Any other workforce who has service users with early onset LTC and can benefit from light touch interventions, particularly looking at lifestyle changes.

2) **Tier 2** is for those patients with more established LTCs but responding well to interventions. The target workforce for T2 webinars is main grade clinicians – GPs, nurses, pharmacists and other Allied Health Professionals.

3) **Tier 3** is for those patients with complex conditions or those not responding to/complying with interventions. The target workforce for these webinars is senior clinicians – GPs and advanced clinical practitioners.

See fliers below to register to one of our webinars:



BHR CEPN
YOUR TRANSFORMATION
AND TRAINING HUB

MSK Low Back Pain

**by Advanced MSK Physiotherapist
Sue-ellen Pereira and Senior HWBC
Gee Gahir**

Tier 2 cohort

Wed 21st Feb - 2pm on Zoom

**This is part of BHR CEPN LTC Education
Programme**

CLICK TO REGISTER

The **Tier 2 cohort** includes main grade clinicians such as Allied Health Professionals, Nurses, GPs and Pharmacists.

Learning Outcomes:

- Case study For Low back pain
- Management of Low back pain
- Supporting Self Management (Acute and Chronic Conditions)



Osteoporosis
by **Drs Jothimurugan Subramanian**
and **Thushani Wickramaratne,**
Senior HWBC Gee Gahir and
Osteoporosis Specialist Nurse Dee
Tomasso

Tier 1, Tier 2 & Tier 3

Thu 29th Feb - 12.30pm on Zoom

**This is part of BHR CEPN LTC Education
Programme**

CLICK TO REGISTER

This webinar includes all those who treat service users/patients with osteoporosis in both clinical and non-clinical roles

Learning Outcomes:



- Understanding osteoporosis and osteopenia
- Causes and prevention of osteoporosis
- Investigations and management of osteoporosis in primary and secondary care

**Immunisation in the context of
Long-term conditions (LTC)**
by **Strategic Nurse Lead Nora Rao**
for

Tier 1, Tier 2 & Tier 3 cohort*

Tue 5th March - 12.30pm on Zoom

**This is part of BHR CEPN LTC Education
Programme**

CLICK TO REGISTER

*This webinar includes all those who treat service users/patients with LTCs in both clinical and non-clinical roles

Learning Outcomes:



- Review schedule - what vaccines to think about
- Factors that influence vaccine decision making
- HCP role in supporting vaccine acceptance
- Dispelling myths
- Good practice for vaccine storage.

Atrial Fibrillation
Tier 3 cohort

by **Drs Farheen Zulfiqer and**
Consultant Cardiologist Afzal Sohaib

Wed 6th March 12pm - on Zoom

**This is part of BHR CEPN LTC
Education Programme**

CLICK TO REGISTER

Tier 3 cohort

The target workforce for this cohort are advanced senior clinicians e.g.

- GPs
- advanced clinical practioners



Learning Outcomes:

- Risk stratification in General Practice of patients with AF
- Management in General Practice of patients with AF
- Case Studies



Chronic Obstructive Pulmonary Disease
by Dr Uzma Haque, Respiratory Nurse/Oxygen Lead Jadene McKenzie Hamilton and Senior HWBC Gee Gahir
Tier 3 cohort

Thur 7th Mar at 1pm on Zoom

This is part of BHR CEPN LTC Education Programme
CLICK TO REGISTER

Learning Outcomes:

- The epidemiology, causes and symptoms of Chronic Obstructive Pulmonary Disease (COPD)
- Diagnosis of COPD and overlap with asthma
- Changes in National Institute for Health and Care Excellence (NICE) on the management of COPD (pharmacological and non-pharmacological)
- How to help optimise the NICE guidance their COPD treatment and reduce side effects.
- How to support people self-manage their condition.



Stroke Prevention
Tier 1 cohort
by Dr Gurmeet Singh, and Pharmacist Malgorzata Burton

Wed 13th March at 1pm - on Zoom

This is part of BHR CEPN LTC Education Programme

CLICK TO REGISTER

Tier 1 cohort

The target workforce for this cohort are personalised care staff such as:

- Social Prescribers
- Care coordinators
- Health and Wellbeing coaches
- VCS staff
- Social carers

Learning Outcomes:

- What is AF and how is it linked to strokes
- How can I contribute to minimizing strokes due to AF
- What role can I play in providing personalised care in patients on stroke prevention treatment
- Who to screen
- Addressing some alerts
- Medications a patient should be on.



Heart Failure
Tier 3 cohort
by Drs Uzma Haque, Dania Shoeb Clinical Pharmacist Manpreet Saini and Senior HWBC Gee Gahir

Fri 15th March at 2pm - on Zoom

This is part of BHR CEPN LTC Education Programme

CLICK TO REGISTER

Tier 3 cohort

The target workforce for this cohort are senior clinicians such as GPs and other advanced clinical practitioners.

Learning Outcomes:

- Heart failure type and management as per NICE
- QOF indicators for Heart Failure (HF) and Case Studies
- Lifestyle changes to make to help with HF prognosis and symptoms as per NICE



Apprenticeship Opportunities

Trainee Nursing Associate (TNA)

March 2024 applications are still open but time is running out! Please contact [Kerrie Haley](#) for further information on this and further cohorts for 2024 and to book onto an information Briefing.

Business Analyst Training to Support Digital and Transformation Leads

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer. For further information contact [Kerrie Haley](#).

Level 3 Team Leader or Supervisor

This apprenticeship standard is for those who are ready to progress to a first line management role, with operational and project responsibilities or responsibility for managing a team to deliver a clearly defined outcome. For further information contact [Kerrie Haley](#).

Level 5 Operations and Departmental Manager

Management training for Practice Managers and Business Managers.
For further information contact [Kerrie Haley](#).

Contact [Kerrie Haley](#) for further inquiries on any of the apprenticeships via email or on 07895 526907.

Hear from a Nursing Associate working in Primary Care who qualified through the Apprenticeship: https://youtu.be/2W_3H2nbO94

Follow Linkedin for day by day updates: <https://www.linkedin.com/company/apprenticeshipsgov/>

Find out more about Apprenticeships in Primary Care:
<https://haso.skillsforhealth.org.uk/primary-care-apprenticeships/>

Contact [Kerrie Haley](#) for further inquiries on any of the apprenticeships via email or call directly on 07895 526907.

Apprenticeship



NHSE Apprenticeship & Events

GP webinar: London Maternity Clinical Network initiative

Date: **27th February 2024, 1pm - 2pm**

Event theme: Postnatal Contraception by **Edward Mullins** and **Gillian Matthews**

This event will be jointly chaired by **Sunita Sharma** (London Postnatal Clinical Lead, Obstetrician) and **Dr Ishi Bains** (GP THCCG Primary care lead for gynaecology NHS London, Planned care clinical lead - women's health NEL ICB). [Please click here to register your attendance](#). Please click here to complete the [pre-event survey](#). If you have any queries, please contact Maisie.nair@nhs.net.

GPN National Update: Monthly Webinar

Date: **1st March 2024, 1pm – 2pm**

This webinar is scheduled to take place on 01 March 2024 from 13:00 – 14:00 via Microsoft Teams. Jointly run by NHS England, National Association of Primary Care (NAPC) and the Royal College of Nursing (RCN). All nurses working in General Practice are encouraged to join us as an opportunity to share best practice and for your voice to be heard by the national team. Microsoft Teams meeting: [HERE](#)

Primary Care Nursing Live Event

Date: **8th March 2024**

Primary Care Nursing Live event, a CPD study day dedicated to primary care nursing.

This event is open to nurses working in primary care including practice nurses, community nurses, nurse practitioners and nurses with a prescribing qualification.

The event will be held at **155 Bishopsgate, Liverpool Street, London, EC2M 3YD**.

[Register here](#).

Skills for Life: It all starts with skills

The Department for Education have launched '**It all starts with skills**', a new campaign using the government's Skills for Life brand to inspire young people, adults and employers to make the most of their potential by engaging in government skills and technical education offers. This campaign highlights priority skills routes including apprenticeships, T Levels, Skills Bootcamps, Higher Technical Qualifications (HTQs), Free Courses for Jobs, Multiply and essential skills (English, maths and digital), and support and advice from the National Careers Service. Visit the [Skills the Careers website](#) which enables both individuals and business to explore the options that are right for them. You can also find out more about [Apprenticeships \(pathway\)](#), [T-Levels](#) and [Functional Skills](#) support on HASO.

National Skills for Life NHS Futures Page now open

The brand new [Skills for Life NHS Futures Page](#) is now up and running.

The page is a good source of information covering a wide range of topics including Functional Skills, Digital Skills, Literacy and Numeracy, ESOL and ENIC. The page also serves as a platform to connect with peers through the discussion forum. You can also access the futures page here: [Skills for Life NHS Futures Page](#). Further information also available on [HASO's Skills for Life section](#).