

BHR CEPN Primary Care Bulletin

The latest trainings, offers and announcements

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BHR CEPN Training Hub

Email: info@manoravenue.co.uk

X (Formerly Twitter): [@BHRCEPN](https://twitter.com/BHRCEPN)

Website: <https://bhrcepntraininghub.co.uk>

GP Supervisor Course

Are you an aspiring GP supervisor / GP educator in primary care?

NHS England Workforce, Training and Education Directorate (WTE) provides a fully funded GP supervisor course for GPs who want to become a GP educational supervisor (GP trainer) or clinical placement supervisor for health care placements in primary care in London

This GP supervisor course has replaced the former ISLA Course and GP Educational Supervision Course.

The next available cohort to be recruited into will be the September 2024-December 2024 cohort.

The NEL Training Hub will forward eligible applicants to the central team in April. Each applicant must complete the form individually.

To register your interest for a future GP supervisor course, please complete **the [Expression of interest form](#)**

For more information about the course dates and structure and learning outcomes, please see [here](#)

Please direct any queries to [Zehra Safdar](#)

Influencing Without Formal Authority: A Virtual Workshop Series

The NEL Health Equity Academy is hosting a virtual workshop series on personal power and influence, led by **Dr. Jeanne Hardacre**, Founding Director of Impact4Health.

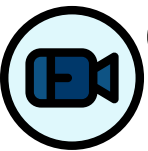
It will cover strategies for **growing confidence, leadership approaches, and tactics for influencing.**

The workshop series will be held on the following dates:

- **Tuesday, 13th February 2024, 14:00 - 16:00**
- **Tuesday, 5th March 2024, 14:00 - 16:00**
- **Thursday, 28th March 2024, 14:00 - 16:00**

This training is open to anyone working to reduce health inequalities within the ICS. For a sneak peek into what to expect, check out the video from Dr. Jeanne Hardacre [here](#).

Don't miss this opportunity to enhance your leadership skills. [Book your place now!](#)



Online webinar and e-assessment: Annual Health Checks for Patients with Learning Disabilities



Annual Health Checks (AHCs) for patients with learning disabilities (PWLD) proactively identify and address health concerns. However, our audit revealed quality inconsistencies that need improvement.

Our training aims to enhance AHCs outcomes using a structured medication review template and offering targeted webinars and training sessions to upskill primary care clinicians.

This training, funded by BHR CEPN for one person from each PCN, ensures clinicians can conduct comprehensive, efficient reviews that benefit patients and improve annual attendance. Staff will complete the online webinar and work with our AHC clinical lead to develop a specific training programme.

To find out more on Learning Disabilities, **register on the DTH** for a wealth of resources and content. Take advantage of BHR CEPN's AHC training programme now!

For more information, please contact [Summer Cooper](#)

NEL Personalised Care Fellow Opportunity

Fellowship Opportunity!

Fellowship Opportunity: NEL Personalised Care Fellow We're seeking a motivated individual for a part-time fellowship as the NEL Personalised Care Fellow. This role is open to candidates from any clinical or non-clinical background, including care coordinators, health and wellbeing coaches, or social prescribing link workers.

The fellowship requires a commitment of two sessions per week for 24 months, offering approximately £12,000 per annum (**£24,000 total**).

The Fellow will work closely with the NEL Personalised Care Clinical Lead, with managerial support from the NEL Training Hub and Personalised Care Programme Managers. The role may be remote, depending on circumstances. The primary focus will be strengthening and embedding the Personalised Care Agenda in primary care and PCNs across NEL.

The successful applicant will increase knowledge, skills, and confidence in implementing the Universal Care Model in primary care, conduct a training needs analysis, deliver and support training for key priorities, and more.

Interested candidates should submit their CV and an Expression of Interest Statement demonstrating suitability and availability for the position to nelondonicb.personalisedcare@nhs.net. Enquiries may also be sent to this email address.

The closing date for applications is **16th February 2024**. Shortlisting will take place in the week commencing 19th February 2024, with interviews scheduled for the week commencing 26th February 2024.

Barking and Dagenham Carers Innovation Fund

The Barking and Dagenham Carers Innovation Fund aims to develop sustainable support for carers. We're inviting organisations to bid for funding to provide innovative carer services. Two funding lots are available:

Lot 1: Up to £16,000 for bespoke psychological support services.

Lot 2: Up to £11,000 for solutions that meet our carers' needs.

Further information and application packs

[Local Community Information](#) | [Carers of Barking and Dagenham \(carerscentre.org.uk\)](#)

Submit your bid to janette.chinnick@carerscentre.org.uk by **19th February 2024**.

Successful projects must be delivered by February 2025.

GP & GPN Fellowship Scheme Registration Deadline Approaching

Attention newly qualified GPs and GPNs within 2 years of their qualification! You can still register for the National Fellowship Scheme to receive a full 2 years of support.

However, please note that all registrations will cease from **April 1st**, with no new enrolments accepted after this date. We encourage you to submit your applications before **March 31st** to benefit from this scheme.



Health Literacy Awareness Sessions

Nationally, 61% of adults struggle to understand health information that contains both words and numbers. In some areas of North East London, the figure is nearly 80%. This has huge implications for individuals and for our Integrated Care System.

These Health Literacy sessions will be useful to anyone working in the health and care sector who provides health information to patients and carers or has a responsibility around planning and shaping population health services or reducing health inequalities.

This training is open to ANY colleagues working within the **North East London Integrated Care System** including public health; primary care; secondary care; acute sector; mental health; and Voluntary, Community and Social Enterprises (VCSE).

Sessions occur weekly. Book your place [here](#)

Motivational Interviewing Training

Join the 12-hour training course on Motivational Interviewing by Tower Hamlets Training Hub. The course equips you to handle conversations about vaccines and other contexts like lifestyle changes, substance misuse, and family welfare.

The course includes:

- Understanding and applying Motivational Interviewing
- Engaging in conversations about change and vaccination
- Developing listening skills
- Identifying readiness for change or vaccination
- Sharing information supportively
- Collaborative planning
- Managing difficult conversations about vaccines

The course is available online via Zoom, face-to-face at Mile End Hospital, or as a three-part online programme. **You can register by clicking on the desired dates below.**

Completion provides a certificate and opportunities for advanced training. The course is valued at £200 per person, with limited places available, so early booking is advised. If fully subscribed, you can add your name to the waiting list. Waiting list available if fully booked.

Note: This is for staff without prior training in Motivational Interviewing in the last three years. For top-up MI programme in Vaccine Hesitancy, please contact the Facilitator.

For enquiries, contact [Sophie Dissanayake](#) (Programme Facilitator).

Four part online programme (Zoom)

[Session 1: Weds 21st February 09:30-13:00](#)

[Session 2: Weds 28th February 09:30-13:00](#)

[Session 3: Weds 6th March 09:30 -13:00](#)

[Session 4: Weds 13th March 09:30-13:00](#)

Two Day Face to Face programme

Venue: Mile End Hospital Education Centre, E1 4DG

[Day 1: Friday 1st March 09:15-16:30](#)

[Day 2: Friday 8th March 09:15-16:30](#)

Three part online programme (Zoom) All sessions include a 30 minute lunch break

[Session 1: Thursday 7th March 09:30-14:30](#)

[Session 2: Thursday 14th March 09:30-14:30](#)

[Session 3: Thursday 21st March 09:30-14:30](#)



North East London

Diabetes - A health equity and person centred approach - what matters to you?

7th March 2024 - 12.30pm to 13.15pm - ONLINE

Join us for this exciting and interactive session where we will explore health equity and how to provide a person centred approach in diabetes.

Aim of session

The aim is to support all workforce and personalised roles in supporting patients with diabetes.

We will be joined by Dr Jyoti Sood, NEL Training Hub Clinical Lead, Dr Payam Torabi NEL ICB Health Inequalities Clinical Lead, Dr Kavita Gaur NEL ICB Clinical Lead for Personalised Care and Alexandra Kyriakidis Health and Wellbeing Coach Waltham Forest who will share her insights on how to make a difference to these patients and how to implement this on the ground.

Learning objectives

- Learn about key data around diabetes and health equity
- Learn about person centred care
- Learn about real case studies and how to implement in your practice
- Learn from patients how this approach has benefitted them

Audience

Anybody, **working in North East London**, who has an interest in Health Equity, Person Centred Care and Long Term conditions, Diabetes and any role that provides care to these patients.

Agenda

- 12.30-12.35 **Welcome and Introduction**- Dr Jyoti Sood
- 12.35-12.42 **Personalisation model and diabetes, Personalised roles** - Dr Kavita Gaur
- 12.42-12.52 **Recorded consultation with patient** - Alexandra Kyriakidis Health and Wellbeing Coach
- 12.52-12.57 **Patient perspective on this approach and what worked** (pre-recorded)
- 12.57-13.02 **How to implement on the ground** - Alexandra Kyriakidis Health and Wellbeing Coach
- 13.02-13.10 **Health equity and Diabetes** - Dr Payam Torabi
- 13.10-13.15 **Q+A and close**

REGISTER

For any questions, please email nelondon.newhamtraininghub@nhs.net

Health Check Matters

Improving the experience of Annual Health Checks for people with a Learning Disability

Join us for one of the workshops using 'Forum Theatre' to explore how the Annual Health Check feels from the viewpoint of people with a Learning Disability (LD), and how we can improve the patient experience and outcomes together.

The workshops are led by People First (Self Advocacy), a user-led organisation.

Who should attend?

- Clinicians and non-clinicians working in primary care involved in Annual Health Checks for patients with a Learning Disability
- Participants will be joined by people with a Learning Disability who want to share their experience with health professionals



Workshops are taking place on the following dates:

- Tuesday 19th March – 1:30pm – 4:30pm
- Wednesday 20th March – 1:30pm – 4:30pm
- Thursday 21st March – 10.00am - 1.00pm



For more information or to book a place, contact Summer Cooper at BHR CEPN email: summer@manoravenue.co.uk call: 078488 32363



These workshops are funded by BHR CEPN and BHR&WF SuperHub

BHR Long Term Condition Webinars



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Tier 2 cohort Webinar

**Heart Failure by Drs Uzma Haque,
Dania Shoeb, Senior HWBC Gee
Gahir & Pharmacist Manpreet
Saini**

Tue 13th Feb - 1pm on Zoom

**This is part of BHR CEPN LTC Education
Programme**

[Click here to register](#)

We will look at:

- What is Heart Failure (HF)
- What are its causes
- Why is it important
- How to diagnose it
- Key issues in an echo report
- How to optimise management in primary care
- How secondary care can make a difference
- Frailty, end of life care and heart failure
- The role of personalised care roles in shaping well-being through early intervention
- How personalised care can facilitate self-supported management of HF



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Hypertension for Tier 3 cohort

**by Drs Dania Shoeb,
Jothimurugan Subramanian,
Sandeep Singh, pharmacist
Manpreet Saini and Senior HWBC
Gee Gahir**

Fri 16th Feb 12.30pm - on Zoom

**This is part of BHR CEPN LTC Education
Programme**

[Click here to register](#)

The target workforce for this cohort for this webinar is senior clinicians such as **Advanced Clinical Practitioners and GPs.**

Learning Outcomes:

- Established HTN - investigating secondary causes
- How to classify worsening HTN? I.e. Stage 1 to Stage 2
- Defining uncontrolled HTN
- Hypertensive emergencies - what is expected of our secondary care colleagues
- Case studies



BHR Long Term Condition Webinars



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MSK Low Back Pain

by **Advanced MSK Physiotherapist Sue-ellen Pereira and Senior HWBC Gee Gahir**

Tier 2 cohort

Wed 21st Feb - 2pm on Zoom

This is part of BHR CEPN LTC Education Programme

The **Tier 2 cohort** includes main grade clinicians such as Allied Health Professionals, Nurses, GPs and Pharmacists.

Learning Outcomes:



- Case study For Low back pain
- Management of Low back pain
- Supporting Self Management (Acute and Chronic Conditions)



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Osteoporosis

by **Drs Jothimurugan Subramanian and Thushani Wickramaratne, Senior HWBC Gee Gahir and Osteoporosis Specialist Nurse Dee Tomasso**

Tier 1, Tier 2 & Tier 3

Thu 29th Feb - 12.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

This webinar includes all those who treat service users/patients with osteoporosis in both clinical and non-clinical roles

Learning Outcomes:



- Understanding osteoporosis and osteopenia
- Causes and prevention of osteoporosis
- Investigations and management of osteoporosis in primary and secondary care

BHR Long Term Condition Webinars



Immunisation in the context of Long-term conditions (LTC) **by Strategic Nurse Lead Nora Rao** **for Tier 1, Tier 2 & Tier 3 cohort***

Tue 5th March - 12.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

[CLICK TO REGISTER](#)

*This webinar includes all those who treat service users/patients with LTCs in both clinical and non-clinical roles

Learning Outcomes:

- Review schedule - what vaccines to think about
- Factors that influence vaccine decision making
- HCP role in supporting vaccine acceptance
- Dispelling myths
- Good practice for vaccine storage.



Chronic Obstructive Pulmonary Disease

by Dr Uzma Haque, Respiratory Nurse/Oxygen Lead Jadene McKenzie Hamilton and Senior HWBC Gee Gahir
Tier 3 cohort

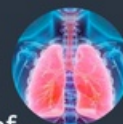
Thur 7th Mar at 1pm on Zoom

This is part of BHR CEPN LTC Education Programme

[CLICK TO REGISTER](#)

Learning Outcomes:

- The epidemiology, causes and symptoms of Chronic Obstructive Pulmonary Disease (COPD)
- Diagnosis of COPD and overlap with asthma
- Changes in National Institute for Health and Care Excellence (NICE) on the management of COPD (pharmacological and non-pharmacological)
- How to help optimise the NICE guidance their COPD treatment and reduce side effects.
- How to support people self-manage their condition.



Physician Associates Webinar

Physician Associates Webinar



Background

We all know **General Practice is under huge pressure** where demand is outstripping supply and patients' needs are ever more complex. The Physician Associate (PA) role has been introduced by NHSE and funded through ARRS to increase clinical capacity in General Practice. Working alongside GPs and the wider primary care workforce, PAs are bringing much needed expertise and capabilities to General Practice across England.

However, the PA role has attracted some controversy in the media and in addition hasn't landed well across BHR primary care.

How can we work together to maximise the benefits of the PA role and continue to enhance clinical capacity across BHR?

Join us on Wed 21st Feb at 12.30pm

At this webinar you will hear from Drs Jyoti Sood and Dania Shoeb alongside NEL PA Ambassador Marium Hanif and you will learn:

- How PAs are being supervised
- How PAs are enhancing the capacity of general practice
- How PAs are improving the experience of care for our patients



[Click to register](#)

Trans Awareness: The basics

NEL Training Hub is pleased to announce new dates for the popular Introduction to Trans Awareness programme, designed for all staff working across North East London. This introductory session, delivered by Gendered Intelligence covers the following areas to develop understanding and empathy for those interacting with Trans identities:

- Setting the wider context for Trans identities - how sex, gender, and sexual orientation interact
- Exploring key terms and the use of language
- Providing a basic grounding in the legislation surrounding the rights and responsibilities related to Trans identities.
- Initiating discussions on how organisations can ensure they are trans-inclusive.
- Offering links to a wide range of resources

Date and Time:

Monday 19th February 2024, 14:00 - 15:45

[CLICK HERE TO REGISTER](#)

Apprenticeship Opportunities

Trainee Nursing Associate (TNA)

March 2024 applications are still open but time is running out! Please contact [Kerrie Haley](#) for further information on this and further cohorts for 2024 and to book onto an information Briefing.

Business Analyst Training to Support Digital and Transformation Leads

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer. For further information contact [Kerrie Haley](#).

Level 3 Team Leader or Supervisor

This apprenticeship standard is for those who are ready to progress to a first line management role, with operational and project responsibilities or responsibility for managing a team to deliver a clearly defined outcome. For further information contact [Kerrie Haley](#).

Level 5 Operations and Departmental Manager

Management training for Practice Managers and Business Managers.
For further information contact [Kerrie Haley](#).

Contact [Kerrie Haley](#) for further inquiries on any of the apprenticeships via email or on 07895 526907.

Hear from a Nursing Associate working in Primary Care who qualified through the Apprenticeship: https://youtu.be/2W_3H2nbO94

Follow LinkedIn for day by day updates: <https://www.linkedin.com/company/apprenticeshipsgov/>

Find out more about Apprenticeships in Primary Care:
<https://haso.skillsforhealth.org.uk/primary-care-apprenticeships/>

Contact [Kerrie Haley](#) for further inquiries on any of the apprenticeships via email or call directly on 07895 526907.

Apprenticeship



NHSE Apprenticeship & Events

London Region event for BAME Nurses and Midwives – Influencing Global Nursing

Date: **22nd February 2024** at **10:00 – 16:30**

The Chief Nursing Officer and the Chief Midwifery Officer's Black and Minority Ethnic Strategic Advisory Group are delighted to welcome staff to attend an event on how they are influencing and can influence global nursing.

This event will be held in person at Broadway House, **Tothill Street, London, SW1H 9NQ**, as well as online.

Please contact naira.mnatsakanova@nhs.net to book a place for this event.

The Future of Primary Care Webinar with Dr Gillian Orrow

Date: **21st February 2024** at **19:00**

As the Clinical Lead for Thriving and Empowered Communities in Surrey and the Clinical Neighbourhood Lead in East Surrey, Dr Orrow has played a pivotal role in advancing integrated primary care models with the East Surrey Alliance.

Key Topics:

- The tangible benefits of integrated primary care models
- The effective strategies behind Surrey's success
- The outcomes achieved and their impact on future primary care practices.

For more details, please visit the [ELFT website](#). To register, please visit [Event Registration: \[Join on Zoom\]](#)

Care Navigation training – Nationally funded training offer available only until 31st March 2024

Practice and PCN managers can nominate one member of their team to attend either the foundation or the advanced, ideally reception staff and care navigators involved in triaging requests, to complete the virtual training. The final dates for virtual training delivery have now been released, dates are offered between **8th January 2024** and **31st March 2024**.

Sessions are CPD accredited and include two 2.5 hour training events, delivered via MS Teams with a further 1 hour learning transfer session to complete the training. Two levels of training have been commissioned (foundation and advanced) - follow the [link](#) to find out more and to book training places.

Leadership for Personalised Care Masterclass Series

The Leadership for Personalised Care programme provides cutting edge learning and development programmes across health and care, helping leaders to champion personalised care, community development and co-production and lead system transformation from the ground up.

The sessions all take place **10am-midday** on:

- **28th February**
- **13th March**
- **19th April.**

To take advantage of the free masterclass offer, please sign up using the EventBrite link [here](#) or email info@leadershipforpersonalisedcare.org.uk for more information.