

# BHR CEPN Primary Care Bulletin

*The latest trainings, offers and announcements*

## *In This Issue*

**Delivering Compassionate Support to people seeking sanctuary**

**The Gendered Intelligence Trans Awareness: The basics**

**Motivational Interviewing study day for primary care respiratory clinicians**

**Ophthalmology webinars for primary care**

**Updates in Lipid Management in Primary Care**

**BHR Long-term conditions (LTC) Education Programme**

**Foundations in Motivational Interviewing Training: a focus on Vaccine Hesitancy**

**Apprenticeships Opportunities**

**NHSE Apprenticeship Updates**

**BHR CEPN Training Hub**

Email: [info@manoravenue.co.uk](mailto:info@manoravenue.co.uk)

Website: <https://bhrcepntraininghub.co.uk>

## Delivering Compassionate Support to people seeking sanctuary

### **New Dates for Delivering Compassionate Support Training!**

New dates announced for the popular two-hour introductory course on Delivering Compassionate Support to people seeking sanctuary. This course aims to enhance awareness and understanding of the challenges faced by individuals seeking sanctuary.

You will learn how to support the integration of asylum seekers into the community. With new dispersal accommodations opening all around London, this training equips staff with the necessary tools and knowledge.

The training will be delivered in partnership with REAP (Refugees in Effective and Active Partnership).

Open to all Local health and care teams, as well as wider public sector teams involved in supporting, are welcome.

Don't miss out on this opportunity to make a difference!

### **Choose from the available dates below:**

- **Tuesday 16th January 2024 - 10.00-12.00**
- **Wednesday 7th February 2024 - 14.00-16.00**

Click [here](#) to register.

# The Gendered Intelligence Trans Awareness: The basics

NEL Training Hub is pleased to announce new dates for the popular Introduction to Trans Awareness programme, designed for all staff working across North East London.

This introductory session, delivered by Gendered Intelligence covers the following areas to develop understanding and empathy for those interacting with Trans identities:

- Setting the wider context for Trans identities - how sex, gender, and sexual orientation interact
- Exploring key terms and the use of language
- Providing a basic grounding in the legislation surrounding the rights and responsibilities related to Trans identities.
- Initiating discussions on how organisations can ensure they are trans-inclusive.
- Offering links to a wide range of resources

**Choose from the available dates below:**

- **Wednesday 31st January 2024 - 10:00 - 11.45**
- **Monday 19th February 2024 - 14:00 - 15.45**

Click [here](#) to register

## Motivational Interviewing study day for primary care respiratory clinicians

This interactive, lighthearted online, live study day is suitable for any and all members of the team.

Delegates will receive CRAFT cards and a responsibility reminder training aid. The day will use bespoke situations to demonstrate MI skills without role play or excessive PowerPoint slides.

**Date:** 1st February 2024

**Time:** 9:00am to 9:25am access meeting then locked and started at 9-30am to 4pm

**Who is eligible to attend?:**

Primary Care practitioners managing patients with respiratory complaints

Please click [here](#) to register

# Ophthalmology webinars for primary care

NEL would like to share details for the upcoming webinar below:

**Topic:**

Cataracts – Primary Care Update

**Speaker:**

Badrul Hussain | Consultant Ophthalmologist

**Date:**

Wednesday 24th January 2024

**Time:**

13:00-14:00

**Learning Outcomes:**

- Update on cataract surgery
- New developments
- 'Translating' a GOS18/optometrist referral
- Who to refer and with what information

Book [Here](#)



## Updates in Lipid Management in Primary Care

NEL Training hub are excited to announce the upcoming 'Updates in Lipid Management in Primary Care' session. Please see the details below:

**Session:** Updates in Lipid Management in Primary Care

**Date:** Tuesday 16th January 2024

**Time:** 12:00 - 13:00

**Learning Outcomes:**

This education session will cover recent updates in lipid management including the AAC lipid pathway, and opportunities for optimisation in lipid management and discussion/case study on optimisation in secondary prevention for those not reaching targets on statin therapy.

Book [here](#)

# BHR Long-term conditions (LTC) Education Programme

BHR CEPN has organised many new webinars for the Long Term Conditions (LTC) education programme for the New Year for the cohorts outlined below.

## Tier 1 cohort

Tier 1 is for those with patients at the early onset of their LTC experience and can benefit from light touch interventions, particularly looking at lifestyle changes and decisions. The target workforce for these T1 webinars is:

- Social prescribers
- Care coordinators
- Health & Wellbeing coaches
- Social Care staff
- Voluntary and Community Sector staff
- Any other workforce who has service users with early onset LTC and can benefit from light touch interventions, particularly looking at lifestyle changes.

Senior health & well-being coach (HWBC), **Gee Gahir**, will be involved in the delivery of the T1 cohort webinars along with clinicians.

- Atrial Fibrillation on - **Tuesday 23rd January, 2.30pm - 3.30pm: [Register here](#)**
- Chronic Obstructive Pulmonary Disease on - **Thursday 25th January, 1pm - 2pm: [Register here](#)**
- MSK Lower back pain - **Wednesday 24th January, 2pm - 3pm: [Register here](#)**
- Cancer - **Tuesday 30th January, 1pm - 2pm: [Register here](#)**

## Tier 2 cohort

Tier 2 is for those with patients with more established LTCs but responding well to interventions. The target workforce for T2 webinars is main grade clinicians - GPs, nurses, pharmacists and other Allied Health Professionals, Pharmacist, **Manpreet Saini** and **Gee Gahir** will contribute to most of the T2 webinars.

- Chronic Kidney Disease - **Friday 12th January, 3.30pm - 4.30pm: [Register here](#)**
- Asthma - **Tuesday 16th January, 12.30pm - 1.30pm: [Register here](#)**
- Hypertension - **Thursday 18th January, 12.30pm - 1.30pm: [Register here](#)**
- Cancer - **Tuesday 30th January, 1pm - 2pm: [Register here](#)**

## Tier 3 cohort

Tier 3 is for those with patients with complex conditions or those not responding to/complying with interventions. The target workforce for these webinars is senior clinicians - GPs and advanced clinical practitioners.

Chronic Kidney Disease - **Friday 26th January, 3:30pm - 4:30pm [Register here](#)**

# Foundations in Motivational Interviewing Training: a focus on Vaccine Hesitancy

Tower Hamlets Training Hub are pleased to extend this offer to NEL wide staff to introduce this new lively and interactive training. You will learn about Motivational Interviewing in general which can be used in a range of situations and contexts such as; lifestyle changes, substance misuse, long-term conditions and child and family welfare .

## The 12 hour training will cover:

- What is Motivational Interviewing and how can it be helpful in situations such as vaccine hesitancy
- How to engage with people in conversations around change and considering vaccines
- Active listening skills
- How to identify when someone may be ready to make changes or decide to take a vaccine
- How to share information in a helpful way which supports partnership
- Collaborative change and action planning
- How to manage conversations when there are challenges in engagement or barriers to making a decision about vaccines

**Four half days (delivered online) all 09:30 to 13:00**

Session One: **Monday 15th January**

Session Two: **Weds 17th January**

Session Three: **Monday 22nd January**

Session Four: **Weds 24th January 2024**

Please click [here](#) to register a place. Limited places, advised to book early. Do add name to waiting list if fully subscribed

\*Please note that this training is for staff who have had no previous training in Motivational Interviewing or have not completed training in the past three years. For those who have already completed a 12 hour Foundation Level MI programme in the past 3 years, a 3 hour top up MI programme with a focus on vaccine hesitancy can be offered. Please contact the programme Facilitator below if you have trained in MI and are interested in completing a top up MI programme in Vaccine Hesitancy.

If you have any enquires about the programme please contact [Sophie Dissanayake](#) (Programme Facilitator) Learning and Development Practitioner and member of MINT (International Motivational Interviewing Network of Trainers)

# Apprenticeship

## Apprenticeship Opportunities

### New Year New Career! Apprenticeships Help Managers with Workforce Development

#### Trainee Nursing Associate (TNA)

March 2024 applications are still open but time is running out! Please contact [Kerrie Haley](#) for further information on this and further cohorts for 2024 and to book onto an information Briefing.

#### Business Analyst Training to Support Digital and Transformation Leads

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer.

For further information contact [Kerrie Haley](#).

#### Level 3 Team Leader or Supervisor

This apprenticeship standard is for those who are ready to progress to a first line management role, with operational and project responsibilities or responsibility for managing a team to deliver a clearly defined outcome.

For further information contact [Kerrie Haley](#).

#### Level 5 Operations and Departmental Manager

For further information contact [Kerrie Haley](#).

Contact Kerrie Haley for further inquiries on any of the apprenticeships via email or on 07895 526907.



# NHSE Apprenticeship & Events Updates

## Sign up to Cancer Genomics in Primary care lunchtime webinar event!

This event is open nationwide to AHPs and Primary and Community Care nurses.

The webinar will take place on **Thursday 8th February 2024, 12:00 – 13:00**.

This webinar will be hosted by esteemed clinician, **Dr Angela George**, who is Clinical Director of Genomics at the Royal Marsden. Further details of the webinar will follow in the New Year.

This webinar is also part of the Cancer Community of Practice series of events for 2023-24. The Cancer CoP is a collaboration with Transforming Cancer Services Team (TCST), NHS England (London), Workforce, Training & Education Directorate and Central London Community Healthcare Trust.

Please register your place for the webinar [here](#).

If you have any questions, please contact [Sandra](#) at TCST

## Save the Date - Quality in Nursing Apprenticeships Webinars with NHSE, NMC, Ofsted & UVAC:

Following on from the success of the event in October at The Oval, join us to hear more best practice about delivering high quality nursing apprenticeships and have the chance to ask your questions to NMC & Ofsted. Links to register will be shared in the new year.

Save the dates:

**Monday 19th February – 12pm – 1.30pm**

**Thursday 28th March 3pm – 4.30pm**

## Procurement for Medical (Doctor) Apprenticeship:

NHSE are working nationally with Salisbury to procure the Medical (Doctor) Apprenticeship for 2024 starts. As part of this, we are looking to ensure key employer-led requirements are included within the provider specification. If you are interested in helping with shaping the requirements, please send any key provider questions or requirements on the provider that you would need to make the apprenticeship viable as an employing organisation to [Simon Dennis](#) by **Monday 15th January 2024**.