

BHR CEPN Primary Care Bulletin

The latest trainings, offers and announcements

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BHR CEPN Training Hub

Email: info@manoravenue.co.uk

Website: <https://bhrcepntraininghub.co.uk>

Set up and run a successful Patient Participation Group (PPG)

Are you looking to set up a new Patient Participation Group (PPG)?

Or are you looking for ways to improve the running of an existing PPG?

Earlier this year the 'Listen to Act' published a four-part guide for GPs and GP Practice staff on how to set up and sustain a successful patient feedback group to improve the effectiveness of PCNs.

The research was commissioned by The Central London Integrated Care Board (ICB).



Survey (5mins)!

Community Staff Access to Information

The London Community Digital Transformation, OneLondon and Universal Care Plan teams have joined forces to:

- Identify and build a strong evidence base of needs and gaps in accessing information by NHS Community staff (phase 1)
- Address barriers and challenges of access (phase 2).

Capturing your experiences and challenges in accessing the right information at the right time and in the best way is critical to ensuring that issues are clearly understood to enable them to be addressed. If you are aware of or have issues or challenges in accessing information as part of your role, this is the ideal opportunity to describe them.

Community colleagues have co-designed this short survey which should take 5-10 minutes to complete.

The survey can be accessed via this [link](#) and/or the QR code. Please complete the survey by COB **22 December 2023**.



Responses will be collected via the online survey and through MS Teams or phone interviews. If you would like to be interviewed, email london.communitydigital@nhs.net and you will be contacted to arrange a time.

If you are interested in receiving a summary of the survey results and/or engaging in future initiatives related to Community Access to Information and/or Community Digital Transformation, there is an opportunity to add your email at the end of the survey.

In addition, the national Community Health Services Digital team also recently launched a survey called **Understanding the Digital Needs of Community Health Services** to better understand the challenges and the digital and technology needs of the community health workforce. The national survey is multiple choice and is also very short (5 mins). Please follow this [link](#) to complete it.

Updates in Lipid Management in Primary Care

NEL Training hub are excited to announce the upcoming 'Updates in Lipid Management in Primary Care' session. Please see the details below:

Session: Updates in Lipid Management in Primary Care

Date: Tuesday 16th January 2024

Time: 12:00 - 13:00

Learning Outcomes:

This education session will cover recent updates in lipid management including the AAC lipid pathway, and opportunities for optimisation in lipid management and discussion/case study on optimisation in secondary prevention for those not reaching targets on statin therapy.

Book [here](#)

Becoming an Anti-Racist Health & Care System: an introductory workshop

The North East London Training hub is pleased to launch the Anti – Racism education programme. Local Health and Care staff across North East London are invited to this one day introductory workshop to discuss racism in Health & Care services and its profound impact.

The aim is to create an inclusive culture that supports every member of staff to do their best work and thrive.

Workshop 1

Date: Thursday 18th Jan 2024

Time: 9.30am – 16.30pm

Location: Holiday Inn Express Newbury Park King George Conference Rooms Ilford IG2 7RH

Workshop 2

Date: Mon 12th Feb 2024

Time: 9.30am – 16.30pm

Location: Bernie Cameron Community Centre 32 Merchant Street Bow E3 4LX

LUNCH AND REFRESHMENT PROVIDED. ONLY REQUIRED TO ATTEND ONE SESSION. WORKSHOPS ARE FULL DAY

Click [Here](#) to register

Detect VTE

Be part of a free Quality Improvement Project bringing benefit to your practice, revalidation and patient safety.

Detect VTE is a quality improvement project designed to support early identification of suspected VTE.

1 in 20 people will suffer a venous thromboembolism (VTE) in their life-time, and it is a leading cause of death and disability, which is often preventable.

Studies of patients who die unexpectedly of pulmonary embolism reveal that 40% had been seen by a physician in the weeks prior to their death with 'vague symptoms.'

The objectives:

- To identify common patterns in pathways leading up to diagnosis of a VTE by patients and clinicians.
- Identify those which support early suspicion and diagnosis of VTE as well as those which may challenge or impede diagnosis.
- Identify solutions that will add value to clinical decision making and have a positive impact for patients experiencing a VTE.

Benefits to the practice:

- Participation in this opportunity if being offered FREE of charge. Each participating practise will receive a full report sharing data and learning gained during the QI programme undertaken in their practice which can be submitted as part of their GP and CQC revalidation work.
- The QI learning through audit is fully funded by Thrombosis UK.
- The work will be supported by CQC approved clinical solutions team and clinical researchers.
- No costs and minimum work burden for the practice staff.
- As an outcome of this programme, if a clinical solutions tool to aid early identification of VTE is developed, participating practices will be invited to trial this, free of charge. The end goal being to make this available free of charge to NHS providers.

Further information can be found [here](#).

NHS Knowledge and Library Hub and Health Literacy

NEL Training Hub wants to personally invite you to an exciting upcoming webinar on "NHS Knowledge and Library Hub and Health Literacy" on December 13th at 12:30pm - 1:30pm.

This interactive session will provide an overview of the NHS Knowledge and Library Hub - an incredible resource that connects healthcare staff and learners to high-quality, NHS-funded knowledge and evidence materials in one convenient location.

Not familiar with LKS? Not to worry! The webinar will cover:

- How LKS provides seamless access to full-text journal articles, e-books, guidelines and more
- Tips for searching LKS to find reliable and up-to-date health information
- The vital role LKS plays in promoting health literacy”

Enhancing Patient Care through Air Quality Awareness Training Sessions

Join NEL in a pivotal educational programme where healthcare meets environmental advocacy.

The Air Pollution & Air Quality Training Sessions, developed with clean air charity Global Action Plan, are specifically designed for healthcare professionals committed to expanding their practice beyond the clinic.

This initiative is part of the Air Quality Project, funded by the Department for Environment, Food & Rural Affairs (DEFRA), focusing on the crucial area of North East London



NORTH EAST LONDON
Enhancing Patient Care through Air Quality Awareness
Training Sessions for Healthcare Professionals

Join us in a pivotal educational programme where healthcare meets environmental advocacy. Our Air Pollution & Air Quality Training Sessions, developed with clean air charity Global Action Plan, are specifically designed for healthcare professionals committed to expanding their practice beyond the clinic. This initiative is part of the Air Quality Project, funded by the Department for Environment, Food & Rural Affairs (DEFRA), focusing on the crucial area of North East London.

BHR Long-term conditions (LTC) Education Programme

BHR Long-Term Conditions Education Programme

Tier 1 cohort: Heart Failure

Date: Thursday 14th December 2023, 2pm

Health and Wellbeing Lifestyle coach (HWBLC) **Gee Gahir** and **Drs Dania Shoeb, Uzma Haque** and **Sandeep Singh** have all collaborated for the webinar on Heart Failure on this Thursday.

Suited to:

Social Prescribers, Care Coordinators, Social Care staff, HWBLC, Voluntary & community sector staff, link workers, and any other workforce who has service users with early onset LTC and can benefit from light touch interventions, particularly looking at lifestyle changes. See flyer for further details and registration.



Living with heart failure is becoming increasingly common due to the ageing population and improving medical care. Given its prevalence, effective care of this condition is a priority. This one-hour webinar will look at improving recognition and understanding of heart failure and how to manage it.

Learning Outcomes:

- Improving personalised care to ensure service users' needs are considered holistically
- Recognise the opportunities and role for non-medical support and interventions
- Feel more confident in supporting service users with early onset heart failure

Heart Failure Webinar by Drs Uzma Haque, Dania Shoeb, Sandeep Singh and Senior H&W being coach Gee Gahir for Tier 1 cohort

Thurs 14th Dec - 2pm on Zoom

This is part of BHR CEPN LTC Education Programme

[CLICK HERE TO REGISTER](#)

BHR Long-term conditions (LTC) Education Programme

Tier 2 cohort: Chronic Kidney Disease

Date: 12th Jan 2024, 3.30pm.

As part of the BHR Long Term Conditions education programme, we are proud to invite you to the Tier 2 cohort of the chronic kidney disease webinar on 12th Jan at 3.30pm.

Suited to:

GPs, Pharmacists or Allied Health Professionals. See flyer for further details and registration.



Chronic Kidney Disease Webinar
by Drs Abir Shaikh, Dania Shoeb,
Humaira Bhatti, Sandeep Singh
and Fearzana Hussain
for Tier 2 cohort
Fri 12th Jan - 3.30pm

**This is part of BHR CEPN LTC Education
Programme**

[CLICK HERE TO REGISTER](#)

This one-hour webinar will look at:

- What is CKD?
- Why is CKD so important?
- Management for CKD (specific to classification, optimising BP and glycemic control, proteinuria management, anaemia and low vitamin D)
- AKI or CKD
- When to be worried about acute complications in CKD?
- What are we doing to improve early detection of CKD?



Physician Associates Webinar

Following a survey sent out some weeks ago regarding Physician Associates (PA), BHR CEPN has organised a one-hour webinar in the new year led by PA Ambassador in NEL, **Marium Hanif** and supported by **Dr Dania Shoeb**.

There were some very specific questions and issues raised by those who provided feedback and we would like to have the opportunity to answer these.

For further details and registration, please see the flyer attached. We hope to see you there.

Thur 11th Jan - 12.30pm

The Physician Associate Primary Care Employers webinar

BHR CEPN
YOUR TRANSFORMATION AND TRAINING HUB

This will include:

- An introduction to the PA role
- Background, Training & Qualification and Scope of Practice
- Opportunities for PA progression & development
- Preceptorships In Primary Care

BHR CEPN invites you to a fully-funded interactive online workshop for potential Physician Associate (PA) employers hosted by Marium Hanif NEL PA Ambassador

[CLICK HERE TO REGISTER](#)

Apprenticeship Updates

Great News! Apprenticeships available on a rolling basis in Social Care
Calling all Social Care Providers! Due to the high demand, we are running programmes on a rolling basis with 100% funding to fully cover training costs.

**L2 Adult Care Worker
L3 Lead Adult Care Worker
L5 Leader in Adult Care
L3 Team Leader**

Any Social Care Provider who is interested in exploring these opportunities for their staff, please contact [Kerrie Haley](#) ASAP.

Trainee Nursing Associate (TNA)

March 2024 applications are still open! Please contact [Kerrie Haley](#) for further information and to book onto an information Briefing.

Business Analyst Training to Support Digital and Transformation Leads

This apprenticeship standard, lends itself to be customised to job roles such as PCN, Digital and Transformation Leads and also other business management roles. We are working with a training provider who has extensive experience with Primary Care workforce training and has developed a specialist offer.

For further information contact [Kerrie Haley](#).