

# BHR CEPN Primary Care Bulletin

*The latest trainings, offers and announcements*

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**BHR CEPN Training Hub**

Email: [info@manoravenue.co.uk](mailto:info@manoravenue.co.uk)

Website: <https://bhrcepntraininghub.co.uk>

## GP Supervisor Course

**Attention all GPs interested in becoming educators!**

We are excited to announce that an extra cohort has been added for the GP Supervisor Course.

If you are interested in expanding your role as an educator, we encourage you to consider registering for this course. It is a great opportunity to enhance your teaching skills and contribute to the development of future doctors.

Don't miss out on this chance! See the details below:

**Cohort 14: Monday mornings, 9.30am to 12.30pm**

**Dates:**

- 5th February 2024
- 19th February
- 11th March
- 25th March
- 15th April
- 22nd April
- 13th May
- 20th May
- 3rd June
- 10th June
- 17th June

Apply for your place [here!](#)

# Equip Training and Development Opportunities

The Equip team are offering support for practices that are yet to complete the application form for the Transitional Funding to enable the move to the Modern General Practice Model. If you would like to receive support with completing the application for funding (in order to access Equip services), please complete this short [form](#).

The deadline for applications for the transitional funding to Modern General Practice Model is **31st December 2023**.

Below is a menu of the Equip offers and costs, which can be amended and catered to your needs:

Offer	Brief	Activity	Cost
<b>EQUIP QI Coaching Support</b>	Empower your practice to reach its full potential with our tailored Quality Improvement Coaching Support to improve access. This support includes a series of one hour coaching sessions on a fortnightly basis with our qualified QI Coaches	This support includes- - a scoping call - an exploratory session - 10 sessions of one hour coaching with our qualified QI Coaches on a fortnightly basis - Wrap up session	£4,380.00
<b>EQUIP Access Data Wall Support</b>	Experience a comprehensive understanding of your practice as a system through data!	This support includes – - Staff interviews - one session (3.5 hours) where we present your practice data to you and help you identify areas for improvement  We recommend taking up the Quality Improvement (QI) coaching support along with this offer.	Small practice (Less than 10,000) - £1700 Medium practice (10,000-20,000) - £2430 Large practice (more than 20,000)- £2600
<b>EQUIP Enhanced Care Navigation and Signposting* - 1 module *(Only module 1 available in City and Hackney)</b>	Equip your practice with the tools to navigate patients towards local community services seamlessly	- Module 1: Improving patient Triage communications (90mins)	£650
<b>Enhanced Care Navigation and Signposting (For TNW, BHR)- 5 modules</b>	Equip your practice with the tools to navigate patients towards local community services seamlessly.	This includes 5 modules (90 mins each) – - Improving patient Triage communications - Signposting Theory - Signposting in practice (Implementing change 2 sessions) - Signposting in practice (Data review and celebration)	£4,000

# Equip Training and Development Opportunities

Offer	Brief	Activity	Cost
<b>EQUIP Thinking Space (Organisation al Consultants)</b>	This will help you with navigating the complexities through the transition to the modern general practice model by fostering open dialogue and cultivates a culture of adaptability and collaboration.	This package involves – - Scoping session - 6 sessions (90 mins each) with Thinking Space consultants	£3,065
<b>EQUIP Quality Improvement Training for team development</b>	The EQUIP Quality Improvement (QI) Training is designed to build robust quality improvement capability and capacity within practices to support progression to the modern general practice model.	This includes a 2.5-hour training session	£1,225
<b>EQUIP Data masterclass</b>	A day event to learn about to plan, get hold of and use data “really well” in order to drive your improvement projects forward. “Without data, you’re just another person with an opinion. E. Deming”	This includes a 6-hour training session	£1,950
<b>EQUIP “Perfect Day” simulation and opportunity development exercise</b>	A one-day, in-depth exercise that reveals need and demand from the perspective of residents, the practice and other care providers. There’s a specific focus on identifying failure demand and ‘real time’ fixes for system issues that may be blocking good access or the best use of team capacity.	This includes – - Scoping Session - Staff interviews - Induction Session with Practice - Perfect Day - Project selection session - 10 QI coaching sessions with Qualified QI coaches on a fortnightly basis - Wrap up session	£5,480
<b>EQUIP What Matters To You Conversation: Joy In Work</b>	Helping leaders understand what's meaningful to staff and the factors that contribute to burnout by asking, “What matters to you?”, using the Joy in Work framework. The aim is to enhance staff experience at work whilst achieving a meaningful and measurable outcome together over the course of several weeks.	This support includes- - a scoping call - a what matters to you conversation - 10 sessions of one hour coaching with our qualified QI Coaches on a fortnightly basis - Wrap up session	£4,380

# Digital & Transformation Lead networking event... a survey

Working in collaboration with the West London GP federation, the regional NHSE team is planning a Digital & Transformation Leads networking event for the new year and would value your input on the design of the event as the target audience.

Your participation in this survey will help to create an event that meets the needs and expectations of Digital & Transformation Leads. We look forward to hearing your valuable insights.

Please find link to the survey [here](#).

Details of the event including speakers, dates, will be circulated nearer the time

## Updates in Lipid Management in Primary Care

NEL Training hub are excited to announce the upcoming 'Updates in Lipid Management in Primary Care' session. Please see the details below:

**Session:** Updates in Lipid Management in Primary Care

**Date:** Tuesday 16th January 2024

**Time:** 12:00 - 13:00

### Learning Outcomes:

This education session will cover recent updates in lipid management including the AAC lipid pathway, and opportunities for optimisation in lipid management and discussion/case study on optimisation in secondary prevention for those not reaching targets on statin therapy.

Book [here](#)

# North East London CKD Training Programme

NEL Training Hub would like to invite you to attend the fourth online session as part of the NEL CKD Programme. The programme is aimed at Clinicians and Healthcare Providers.

The webinar offers a unique platform to gain in-depth knowledge, share best practices, and network with fellow clinicians in the field.

**Session 4:** Thursday 14th December, 1pm - 2pm

**Topic:** CKD and high blood pressure

## Webinar Highlights:

- Comprehensive Understanding of CKD and high blood pressure
- Case Studies and Clinical Insights
- Interactive Q&A Session with Expert Panel

## Speakers:

- Dr. Gavin Dreyer, Consultant Nephrologist and Physician, Whipps Cross Hospital, Parts Health NHS Trust
- Dr. Thomas Oates, Consultant Physician, Departments of Nephrology and General Medicine, Royal London Hospital

**[Register today!](#)**

## Previous Sessions:

- Session 1 - Delivering Patient Care for Patients with CKD in NEL – 26 Apr 23
  - [Recording](#)
  - [Slides](#)
- Session 2 - Coding and managing risk for CKD - How and why? - 27 Jul 23
  - [Recording](#)
  - [Slides](#)
- Session 3 - Diet and hypertension and practical management of anaemia - 19th Oct 23
  - [Recording](#)
  - [Slides](#)

## Upcoming Sessions - Topics to be announced soon! :

- Session 5 - Wednesday 31st January, 1pm - 2pm
- Session 6 - Thursday 4th April, 1pm - 2pm

# BHR Long-term conditions (LTC) Education Programme

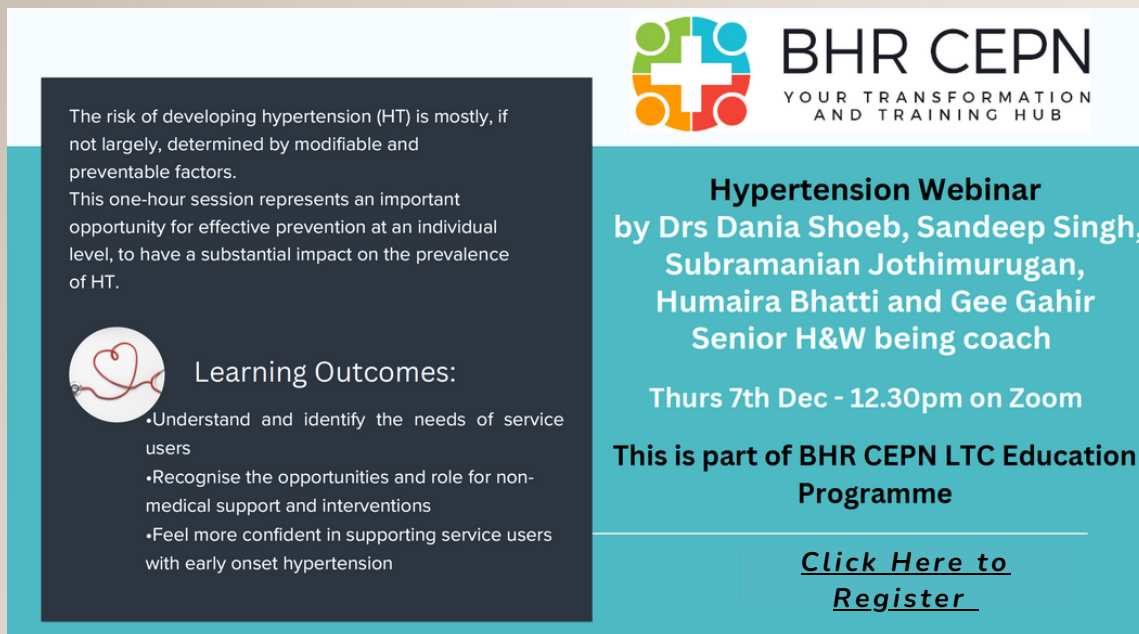
This week and next , BHR CEPN will host several one-hour fully- funded webinars focusing on a variety of long term conditions.

If you're a social prescriber, health & wellbeing coach, care coordinator, part of VCS staff, part of social care staff or any other workforce who has service users with an early onset Long Term Condition and can benefit from light touch interventions, particularly looking at lifestyle changes, then this is for you.

We have a range of educators who took part in the preparation for these sessions specific to this cohort including senior health & wellbeing coach, **Gee Gahir** and a range of GPs.

**Please click and register for tickets on the flyers below**

See you there!



The risk of developing hypertension (HT) is mostly, if not largely, determined by modifiable and preventable factors. This one-hour session represents an important opportunity for effective prevention at an individual level, to have a substantial impact on the prevalence of HT.

**Learning Outcomes:**

- Understand and identify the needs of service users
- Recognise the opportunities and role for non-medical support and interventions
- Feel more confident in supporting service users with early onset hypertension

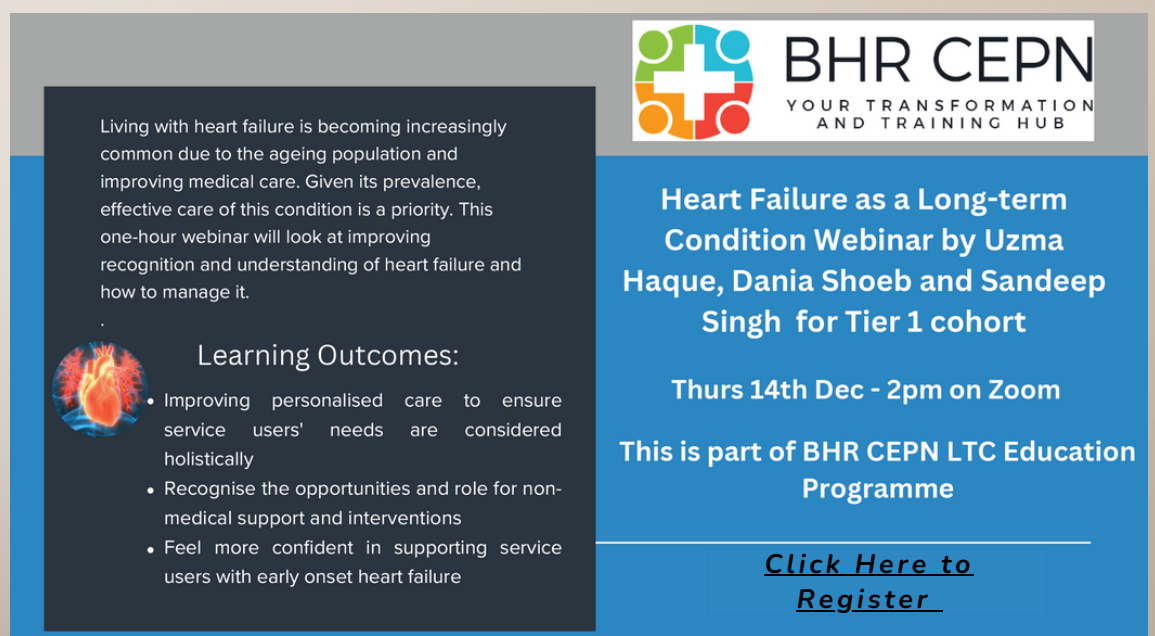
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**Hypertension Webinar**  
by **Drs Dania Shoeb, Sandeep Singh, Subramanian Jothimurugan, Humaira Bhatti and Gee Gahir**  
Senior H&W being coach

Thurs 7th Dec - 12.30pm on Zoom

**This is part of BHR CEPN LTC Education Programme**

[Click Here to Register](#)



Living with heart failure is becoming increasingly common due to the ageing population and improving medical care. Given its prevalence, effective care of this condition is a priority. This one-hour webinar will look at improving recognition and understanding of heart failure and how to manage it.

**Learning Outcomes:**

- Improving personalised care to ensure service users' needs are considered holistically
- Recognise the opportunities and role for non-medical support and interventions
- Feel more confident in supporting service users with early onset heart failure

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**Heart Failure as a Long-term Condition Webinar** by **Uzma Haque, Dania Shoeb and Sandeep Singh** for Tier 1 cohort

Thurs 14th Dec - 2pm on Zoom

**This is part of BHR CEPN LTC Education Programme**

[Click Here to Register](#)

# BHR Long-term conditions (LTC) Education Programme



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In addition to individual lifestyle factors, many Long-term Conditions such as asthma are linked to environmental exposures.

However, appropriate management of this condition through lifestyle changes and therapies can lead to significant improvements in quality of life for individuals. This one-hour webinar will outline how this can be achieved.



## What will I learn?

- Improving the management of the service user's condition
- Recognise the opportunities for non-medical support and interventions
- Feel more confident in supporting service users with asthma

## Asthma as a Long-term Condition Webinar by Uzma Haque for Tier 1 cohort

Mon 11th Dec - 1.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

[Click Here to Register](#)

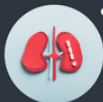


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## This one-hour webinar will look at:

- What is chronic kidney disease (CKD)?
- Why is chronic kidney disease so important?
- What are we doing to improve early detection of CKD?



Chronic Kidney Disease (CKD) is a long-term condition that can be prevented by reducing various risk factors. Appropriate management of CKD through medication, lifestyle changes and therapies can lead to significant improvements in quality of life for individuals.

## Chronic Kidney Disease Webinar by Drs Abir Shaikh, Dania Shoeb, Humaira Bhatti, Fearzana Hussain, Sandeep Singh and Senior H&W being coach Gee Gahir for Tier 1 cohort

Fri 8th Dec - 3.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

[Click Here to Register](#)

# AHC for patients for Learning Disabilities

BHR CEPN is inviting PCNs to nominate one staff member to join our Annual Health Checks for patients with learning disabilities training.

The Annual Health Checks (AHCs) for patients with learning disabilities (PWLD) is an important initiative to identify and address health concerns and improve outcomes.

An audit revealed quality concerns in reviewing medications, blood tests, and completing health care plans as part of the annual health check.

Our training aims to improve AHC outcomes by using a structured medication review template and providing teaching sessions, webinars, and training events specific to each PCN.

We believe this training will help clinicians complete comprehensive reviews and improve patient attendance and efficiency.

BHR CEPN is funding one person from each PCN to participate in the programme and develop their own training programme.

If your PCN has not yet taken advantage of BHR CEPN's Annual Health Checks for Patients with Learning Disabilities training programme, **now is the time!**

For more information, please contact [Summer Cooper](#)





# NHSE Apprenticeship Updates

## Dental Hygienist apprenticeship standard consultation

The General Dental Council (GDC) has recently published '[The Safe Practitioner: A Framework of behaviours and outcomes for dental professional education](#)'. This curriculum document will be implemented in all undergraduate dental education programs in the UK starting from September 2025.

As a result, the Dental Hygienist Trailblazer Group is seeking input and feedback from the dental community regarding the apprenticeship standard for the Dental Hygienist occupation. This is an excellent opportunity for you to contribute to the development of this standard!

To gather as much feedback as possible, we have opened an online survey for consultation. You can access the survey [here](#). The consultation period began on Monday, November 20th and will close at [12pm on Friday, January 5th, 2024](#).

The Trailblazer group will carefully analyse the responses received and use them to inform the next draft of the Apprenticeship Standard. This draft will then be submitted to the Institute for Apprenticeships and Technical Education (IfATE) for approval. Additionally, the Trailblazer group will develop the end point assessment plan.

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## IfATE T-Level Consultation – Occupational Specialism in Diagnostic Imaging:

The Institute for Apprenticeships and Technical Education (IfATE) are seeking views from providers and employers on the potential new Occupational Specialism in Diagnostic Imaging to sit within the existing Health T Level. T levels are a level three technical education route that provide an alternative to A-levels for 16-19-year-olds. One T Level is equivalent to three A levels. The Level 3 Senior Healthcare Support Worker apprenticeship standard was recently updated to include a diagnostic imaging option. As a result, IfATE have commenced a suitability analysis review of the diagnostic imaging option to determine its viability as an Occupational Specialism in the Health T Level.

[As an employer you can submit your views here.](#)

[As a provider you can submit your views here.](#)

This consultation closes on [Friday, 8th December](#). [find out more about this consultation here.](#)

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## Higher & Degree Vacancy Listing - Submit Your Vacancies for 2024:

Are you offering higher and degree apprenticeship vacancies? Here's a great opportunity for you to promote your vacancies in the January 2024 edition of the '[Higher and Degree Listing](#)'.

This listing will be distributed to year 13 students in schools and colleges and will be widely promoted through careers events and National Apprenticeship Week.

Submitting your vacancies is free of charge! The deadline for submission is [5pm on January 15, 2024](#).

Don't miss out on this chance to attract talented students to your apprenticeship programs. Please email [Kelly](#) to submit your vacancies.