

BHR CEPN Primary Care Bulletin

The latest trainings, offers and announcements

In This Issue

Equip Training and Development Opportunities Information Session

Foundations in Motivational Interviewing
Training: a focus on Vaccine Hesitancy - New
course!

Aspiring Partners Programme

Webinar - Lessons learned from Confidential
Enquiries into Maternal Deaths and Morbidity
2019-21

NEL Ophthalmology webinars

NEL Employability programme

BHR Long-term conditions (LTC) Education
Programme

AHC for patients for learning disabilities

Apprenticeship Updates

BHR CEPN Training Hub

Email: info@manoravenue.co.uk

Website: <https://bhrcepntraininghub.co.uk>

Equip Training and Development Opportunities Information Session

The Equip team will be holding a drop-in session to tell you more about different ways you can be supported to move to the Modern General Practice Model.

The session will take place on:

Thursday 30th November, 11:30 – 12:30.

The Session will discuss various Training and Development opportunities that the Equip team has to offer including:

- QI coaching sessions
- Access Data Wall Support
- Enhanced Care Navigation and Signposting
- Thinking Space (Organisational Consultants)
- Quality Improvement Training for team development
- Data masterclass
- “Perfect Day” simulation and opportunity development exercise
- What Matters To You Conversation:

To join, click [here](#)

Please contact nelondonicb.equip@nhs.net for detailed costings for the offers.

You can apply for any of the offers above through the Transitional Funding to support the implementation of the Modern General Practice Model.

Foundations in Motivational Interviewing Training: a focus on Vaccine Hesitancy

Tower Hamlets Training Hub is offering a lively and interactive training for NEL staff. You will learn how to have effective conversations about vaccines and gain a general understanding of Motivational Interviewing. This training can be applied in various situations such as lifestyle changes, substance misuse, long-term conditions, and child and family welfare.

The 12 hour training will cover;

- What is Motivational Interviewing and how can it be helpful in
- situations such as vaccine hesitancy
- How to engage with people in conversations around change and
- considering vaccines
- Active listening skills
- How to identify when someone may be ready to make changes or
- decide to take a vaccine
- How to share information in a helpful way which supports partnership
- Collaborative change and action planning
- How to manage conversations when there are challenges in
- engagement or barriers to making a decision about vaccines

Certificate will be provided on full completion of this training. Please click on the desired cohort below to register a place.

Cohort 1: Three short days (online) all 09:30 to 14:30

Session One: **Friday 1st December**

Session Two: **Friday 8th December**

Session Three: **Friday 15th December**

Cohort 2: Three short days (online) all 09:30 to 14:30

Session One: **Weds 6th December**

Session Two: **Weds 13th December**

Session Three: **Weds 20th December**

This training is for staff without prior training in Motivational Interviewing or without completing training in the past three years. If you have already completed a 12-hour Foundation Level MI program in the past 3 years, you can opt for a 3-hour top-up MI program on vaccine hesitancy. Contact the programme facilitator below if you are interested in completing a top-up MI program in Vaccine Hesitancy.

Limited places, advised to book early. Do add name to waiting list if fully subscribed

If you have any enquires about the programme please contact [Sophie Dissanayake](#) (Programme Facilitator).

Aspiring Partners Programme

NEL Training Hub would like to bring to your attention that the ongoing Aspiring Partners Programme, a dynamic initiative that has been successfully fostering professional growth, is now coming to an end

In alignment with the commitment to effective succession planning, NEL are enthusiastic about facilitating meaningful connections between our aspiring partners and practices across North East London.

This presents a mutually beneficial opportunity for:

1. Practices Actively Seeking New partners.
2. Practices Engaged in Succession Planning

If you or your practice aligns with either of these categories and you're eager to explore, kindly take a moment to complete our brief [Expression of Interest form](#). This simple step will serve for initiating valuable introductions.

Feel free to reach out to [Zehra Safdar](#) with any questions or for further clarification.

Webinar - Lessons learned from Confidential Enquiries into Maternal Deaths and Morbidity 2019-21

You are invited to the upcoming **Supporting Universal 6-8 weeks Postnatal Check: London Maternity Clinical Network initiative**.

This webinar will be taking place on **Tuesday 12th December 1pm-2pm** on MS Teams.

Event theme: MBRRACE-UK- Lessons learned from Confidential Enquiries into Maternal Deaths and Morbidity 2019-21

This event will be jointly chaired by **Sunita Sharma** (London Postnatal Clinical Lead, Obstetrician) and **Niamh McLaughlin** (NWL MCYP Clinical Lead, Westminster & RBKC Borough MCYP lead)

Click [HERE](#) to register your attendance

Kindly take some time to complete the pre-event [survey](#).

For any additional queries, contact [Maisie Nair](#)

NEL Ophthalmology webinars

Please see details for the next NEL Ophthalmology webinars

Topic: Eyes in Primary Care

Speaker: Badrul Hussain | Consultant Ophthalmologist

Date: **Wednesday 13th December 2023**

Time: **1300-1400**

Learning Outcomes:

- Common causes of consultations in Primary Care.
- Distinguishing serious problems from less serious
- Who to refer to A&E
- How to refer

Book [Here](#)

Topic: Cataracts – Primary Care Update

Speaker: Badrul Hussain | Consultant Ophthalmologist

Date: **Wednesday 24th January 2024**

Time: **1300-1400**

Learning Outcomes:

- Update on cataract surgery
- New developments
- ‘Translating’ a GOS18/optometrist referral
- Who to refer and with what information

Book [Here](#)

NEL Employability programme

Host a work placement today (£300 grant available for practices)!

As part of a project to support under represented groups to access health care careers NEL have developed a 3 week programme consisting of 1 week classroom training followed by a 2 week work placement. The face to face training modules will cover, conflict resolution, medical terminology and communication skills.

The project will focus on entry level positions in health care such as reception and administration positions. On completion of the programme, participants will be supported with CV/ application writing skills and interview techniques.

We are currently looking for services to host the industry placements for **2 weeks**.

Placements will need to cover the following areas:

- Meeting & Greeting visitors
- Receiving telephone calls
- Answering general queries
- Booking patients in for appointments
- Using EMIS and other clinical systems

If your practice is interested on supporting with hosting a placement please complete the **application form**.

Note: Mentorship and supervision grant will be paid on completion of the placement.

If you have any queries regarding this programme please do not hesitate to get in touch with [Farduse Islam](#)



BHR Long-term conditions (LTC) Education Programme

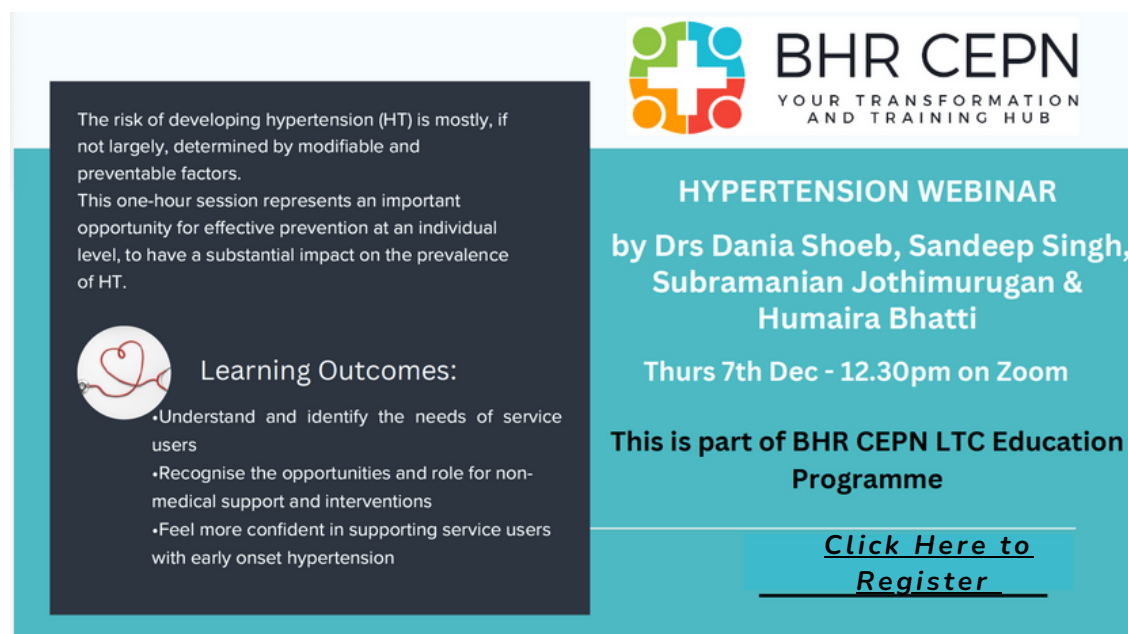
There are several fully-funded webinars on LTCs coming up in December, focusing on asthma, hypertension, heart failure and chronic kidney disease (CKD)

This is aimed at the following workforces in BHR:

- Social prescribers
- Care coordinators
- Health & Wellbeing coaches
- Social Care staff
- Voluntary and Community Sector staff
- Any other workforce who have service users with early onset LTC and can benefit from light touch interventions, particularly looking at lifestyle changes.

These sessions will be led by a variety of educators including the GPs and AHPs. Senior health and well being coach, **Gee Gahir**, will also contribute to all webinars in order to address this cohort's needs.

Please click and register for tickets on the flyers below



The flyer for the Hypertension Webinar features the BHR CEPN logo at the top right, which consists of a stylized cross made of four human figures in green, blue, orange, and red. Below the logo is the text 'BHR CEPN YOUR TRANSFORMATION AND TRAINING HUB'. The main title 'HYPERTENSION WEBINAR' is in white on a teal background. Below it, the speakers 'Drs Dania Shoeb, Sandeep Singh, Subramanian Jothimurugan & Humaira Bhatti' are listed. The date and time 'Thurs 7th Dec - 12.30pm on Zoom' are also provided. A dark grey box on the left contains text about the risk of hypertension and learning outcomes. At the bottom right, there is a link to register.

The risk of developing hypertension (HT) is mostly, if not largely, determined by modifiable and preventable factors. This one-hour session represents an important opportunity for effective prevention at an individual level, to have a substantial impact on the prevalence of HT.

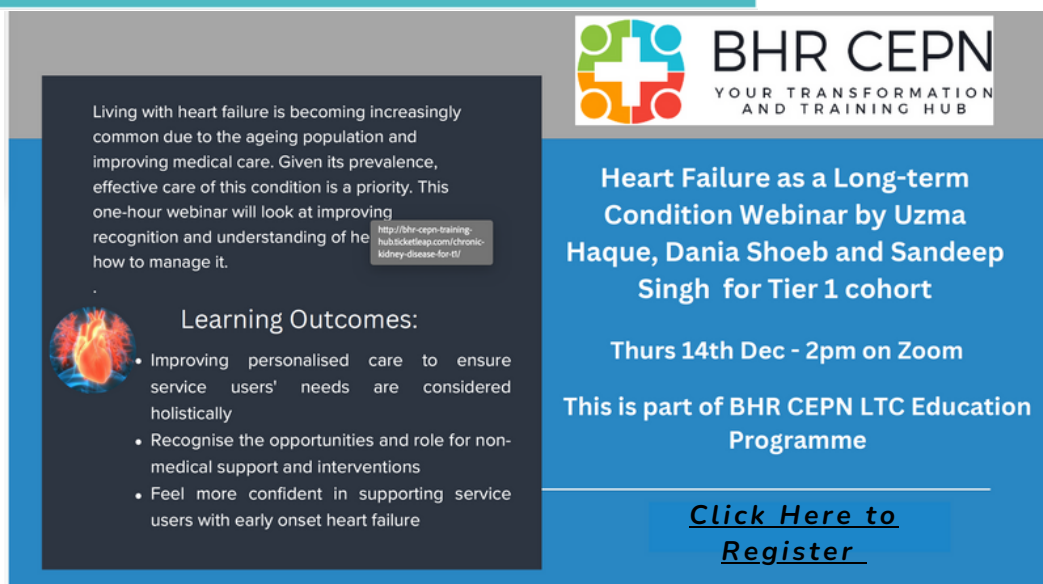
Learning Outcomes:

- Understand and identify the needs of service users
- Recognise the opportunities and role for non-medical support and interventions
- Feel more confident in supporting service users with early onset hypertension

HYPERTENSION WEBINAR
by Drs Dania Shoeb, Sandeep Singh, Subramanian Jothimurugan & Humaira Bhatti
Thurs 7th Dec - 12.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

[Click Here to Register](#)



The flyer for the Heart Failure webinar features the BHR CEPN logo at the top right. The main title 'Heart Failure as a Long-term Condition Webinar by Uzma Haque, Dania Shoeb and Sandeep Singh for Tier 1 cohort' is in white on a blue background. Below it, the date and time 'Thurs 14th Dec - 2pm on Zoom' are provided. A dark grey box on the left contains text about living with heart failure and learning outcomes. At the bottom right, there is a link to register.

Living with heart failure is becoming increasingly common due to the ageing population and improving medical care. Given its prevalence, effective care of this condition is a priority. This one-hour webinar will look at improving recognition and understanding of how to manage it.

Learning Outcomes:

- Improving personalised care to ensure service users' needs are considered holistically
- Recognise the opportunities and role for non-medical support and interventions
- Feel more confident in supporting service users with early onset heart failure

Heart Failure as a Long-term Condition Webinar by Uzma Haque, Dania Shoeb and Sandeep Singh for Tier 1 cohort
Thurs 14th Dec - 2pm on Zoom

This is part of BHR CEPN LTC Education Programme

[Click Here to Register](#)

BHR Long-term conditions (LTC) Education Programme



BHR CEPN
YOUR TRANSFORMATION
AND TRAINING HUB

In addition to individual lifestyle factors, many Long-term Conditions such as asthma are linked to environmental exposures. However, appropriate management of this condition through lifestyle changes and therapies can lead to significant improvements in quality of life for individuals. This one-hour webinar will outline how this can be achieved.



What will I learn?

- Improving the management of the service user's condition
- Recognise the opportunities for non-medical support and interventions
- Feel more confident in supporting service users with asthma

Asthma as a Long-term Condition Webinar by Uzma Haque for Tier 1 cohort

Mon 11th Dec - 1.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

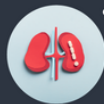
[Click Here to Register](#)



BHR CEPN
YOUR TRANSFORMATION
AND TRAINING HUB

This one-hour webinar will look at:

- What is chronic kidney disease (CKD)?
- Why is chronic kidney disease so important?
- What are we doing to improve early detection of CKD?



Chronic Kidney Disease (CKD) is a long-term condition that can be prevented by reducing various risk factors. Appropriate management of CKD through medication, lifestyle changes and therapies can lead to significant improvements in quality of life for individuals.

Chronic Kidney Disease Webinar by Dr Abir Shaikh, Dania Shoeb, Humaira Bhatti, Fearzana Hussain and Sandeep Singh for Tier 1 cohort

Fri 8th Dec - 3.30pm on Zoom

This is part of BHR CEPN LTC Education Programme

[Click Here to Register](#)

AHC for patients for learning disabilities

BHR CEPN is inviting all PCNs to nominate one Personalised Care Practitioner, or other member of staff to join our Annual Health Checks for patients with learning disabilities training programme.

As you may be aware, the Annual Health Checks (AHCs) for patients with learning disabilities (PWLD) is a crucial initiative aimed at proactively identifying and addressing any health concerns and improving outcomes.

An audit we carried out revealed some quality concerns which need to be addressed. This audit highlighted inconsistencies in reviewing regular, PRN and psychotropic medications, blood tests, and inconsistencies in completing, reviewing and following up annual health care plans that are formed as part of the annual health check.

The aim of our training is to improve the overall outcomes of AHCs by utilising a structured medication review template within the GP system and then running a series of teaching sessions, webinars, and training events, specific to your own PCN, that will help to upskill clinicians in primary care to complete AHCs to a high quality and ensure action plans are followed up.

We believe that this training will help to ensure that clinicians are better facilitated to complete these comprehensive reviews in a meaningful way that provides maximum benefit to our patients. Ultimately, our goal is to improve patient attendance annually and make the review more time-efficient for the staff involved.

Therefore, BHR CEPN is funding one person to participate in this programme, from each PCN. Your staff will complete the online webinar on our website, and then work with our own AHC programme clinical lead to develop you own PCN's training programme.

If your PCN has not yet taken advantage of BHR CEPN's Annual Health Checks for Patients with Learning Disabilities training programme, now is the time!

For more information, please contact [Summer Cooper](#)



NHSE Apprenticeship Updates

NHS England London Core Managers' Increasing Disability Positivity launch

The purpose of this launch event, from NHS England in collaboration with Bart's Health NHS Trust, is to raise awareness of the online Core Managers development resource that is available to support all supervisors and managers to develop insight, skills, and confidence to build cultures of compassion, inclusion and belonging for their diverse workforce.

Audience: Invited National, Regional and London senior EDI and Workforce Heads / London HR Directors/Resourcing Directors /ICS & Trust EDI Leads / OD Leads / Primary Care representatives.

Date: 29th November 2023

Time: 3:00pm – 4:00pm

Click [here](#) to join



DfE webinar

Hosting T Level industry placements in the health and social care sector. Open to anyone considering or planning to host placements in the health and social care sector.

Date: Thursday 30 November

Time: 14:00

Find out more and register [here](#)



Senior Healthcare Support Worker (SHCSW) – Diagnostic Imaging Support Option

New Diagnostic Imaging Support pathway added to Senior Healthcare Support Worker Standard and Assessment plan. The Level 3 apprenticeship trains staff for care and support in diagnostic imaging procedures. Procurement for training providers to deliver pathway starting in early 2024. Funding band remains £5,000.

[Revised standard and assessment plan available here.](#)

